IPMBA POLICE CYCLIST COURSE
Required Equipment & Materials Checklist

DUTY BICYCLE
- Reputable manufacturer mountain bike in good working order, properly fitted
- Street/combination tires (size 26-29 x 1.5 – 26-29 x 2.1; no knobbies)
- Pedal retention devices
- At least one water bottle cage & bottle
- Hydration delivery system (recommended)
- Headlight (42 lumens measured at 10 ft.)
- L.E.D. steady or flashing red taillight
- Rear mount kick stand
- Rear rack with full size rack bag
- Off-road tires (recommended if the class will ride off-road; consult instructor)

TOOLS
- Patch kit
- Tire levers
- Two spare tubes
- Compact tire pump or CO2
- Disposable rubber gloves

SAFETY EQUIPMENT
- Eye protection (shatter-resistant, wraparound, clear and tinted)
- Bicycle helmet (ANSI, Snell or CPSC-approved)
- Padded cycling gloves
- Body armor protective vest

ATTIRE
- Full duty uniform (worn daily)
- Shirt
- Shorts/Pants
- Padded cycling shorts (recommended)
- Shoes
- Foul weather gear (jacket, pants)
- Off-road cycling clothes (recommended if the class will ride off-road; consult instructor)

DUTY EQUIPMENT
- Full Duty Belt
- Firearm
- Magazine
- Baton
- Handcuffs
- Cuff key
- Flashlight
- Keepers

RANGE EQUIPMENT
(if class will include live-fire; consult instructor)
- Duty weapon
- 100 rounds
- Foam ear protection

OTHER
- Pencil/Pen
- Notebook
- Sunscreen
- Bug spray
- Physical Activity Readiness Questionnaire (PAR-Q) (required) and medical clearance sheet (if indicated by PAR-Q)
- IPMBA waiver (to be signed on-site)