



Extraordinary Training for Public Safety Cyclists

24th Annual IPMBA Conference & Expo



Tampa, Florida
May 16-23, 2014

REASONS TO COME

- 🚲 **Maximize** the return on your training dollars.
- 🚲 Make yourself **indispensable** to your community.
- 🚲 **Increase** the scope and breadth of your bike operations.
- 🚲 **Expand** your personal and professional horizons.
- 🚲 Develop **environmentally-friendly** patrol procedures.
- 🚲 Learn from the **best, most well-respected instructors** in the field.
- 🚲 Have **fun!**

The 24th Annual IPMBA Conference will transform the way you train as a public safety cyclist. We offer certification courses, dozens of information-rich, cutting-edge, practical and classroom-based workshops, a colorful expo hall to explore, and new friends and old with whom to meet and achieve your personal skill development goals.

testimonials

Truly passionate instructors that really instilled their passion in the group.

— John Gillespie, Radnor Fire Company (PA)

The level of training available at the yearly conferences is second to none.

— Jason Schiffer, Bethlehem Police (PA)

Congratulations to the IPMBA organization in providing exceptional educational programs.

— Alex Lopez, Federal Reserve Bank of Houston (TX)

Excellent overall conference, very beneficial and informative.

— Paul Guse, Peel Regional Police (ON)

Would love to come to the next conference.

— Kevin Zimmer, National Geospatial Intelligence Agency Police (MO)

Register Today!
www.ipmba.org
info@ipmba.org
 410-744-2400

the pre-conference courses



IPMBA's training and certification courses, offered prior to the conference, range from 3-5 days in length. These comprehensive, multi-day courses provide essential training for public safety personnel in general and specialized bicycle operations. Tailor your training by registering for just a pre-conference course, just the conference, or, ideally, both! **For full course descriptions, including model schedules, pre-requisites, equipment requirements, and testing procedures, visit IPMBA online at www.ipmba.org.**



IPMBA EMS Cyclist Course.

Be first on scene! Nothing moves more swiftly through a crowd than a bike medic responding to a call for help. However you use your bike fleet, this essential Emergency Vehicle Operations Course will improve your response times and help you meet your goals. Learn to select and pack equipment, maneuver a fully loaded

bike, and perform basic bike maintenance and on-the-road repairs. Includes night operations, scenarios, and defensive measures. *May 17-20, 2014. \$350. CECBEMS credits available. Sponsored by EMSWorld.*

IPMBA EMS Cyclist II Course. Want to more fully incorporate your bike team into EMS response? Broaden your horizons! Topics include all-weather and low-light cycling, emergency repair, advanced load placement and carrying devices, event planning, interagency operations, search and rescue, and advanced skill development. *Prerequisite:* IPMBA EMSC Course or approved equivalent. *May 18-20, 2014. \$350. CECBEMS credits available.*

IPMBA Police Cyclist Course. Be prepared for the street! This essential training combines Emergency Vehicle Operations for bike officers with patrol procedures, tactics, night operations, scenarios, and basic bike maintenance and on-the-road repairs. Learn to ride like a pro, avoid crashes, and use your bike to foil the bad guys every time. Includes off-road riding and bike-specific live-fire exercises. *May 16-20, 2014. \$350.*

IPMBA Security Cyclist Course. Protect your beat! This course is designed for non-law enforcement security personnel who patrol a wide array of facilities. It produces confident, competent, and effective personnel who operate in a safe manner and reduce departmental liability. Learn how to ride like a pro, avoid crashes, and safely and effectively patrol all corners of your beat. Course includes night operations, scenarios, basic maintenance, and on-the road repairs. *May 18-20, 2014. \$350.*

IPMBA-MMR Core Skills and Scenarios Clinic. Become one with your bike. Three days with IPMBA and Mad March Racing (MMR) will improve and enhance your bike handling skills to the point at which you can ride it almost subconsciously, enabling you to focus on the situation at hand. You will participate in skill-building drills in both urban and off-road environments, and apply them in dynamic scenarios involving police, EMS, and security response to on-duty situations. Simunitions® will be used. *Prerequisite:* IPMBA PC/EMSC/SC Course or approved equivalent. *May 18-20, 2014. \$520.*

IPMBA Maintenance Officer Course. Do your bikes take a beating? Having an in-house maintenance officer translates into less bicycle downtime, fewer expensive repairs, and safer, longer-lasting bicycles. This hands-on course will provide you with the skills to maintain your fleet and perform all but the most technical repairs. The curriculum emphasizes preventive maintenance, general repairs, and overhaul of component groups. You will also learn fleet management principles and documentation methods. Bring your bike and tools and prepare to overhaul! **Visit www.ipmba.org for the tool list and order form.** *May 16-20, 2014. \$550.*



IPMBA Bicycle Response Team Training for Police and EMS. Think you don't need a bike-mounted mobile field force? Think again. Social media helps spawn large, often unruly crowds, and bike officers are uniquely qualified to handle them. And who better than a bike medic to ensure prompt medical attention is rendered if a team member or bystander is injured? Whether you are preparing for political events, protests, parties and raves, or a championship game, this course will prepare you to manage your crowds and ensure prompt patient care in crowd situations. Practical exercises include formations, single- and double-column riding, arrest/rescue techniques, squad withdrawal, and gas mask drills, complete with smoke and noise! *Prerequisite:* IPMBA PC/EMSC Course or approved equivalent. *May 18-20, 2014. \$400. CECBEMS credits available.*

IPMBA Instructor Course. Riding a bike is not as easy as...riding a bike. Public safety cyclists must learn how to ride both technically and tactically. This course will equip you with the skills to teach others how to use their bikes safely and effectively. Through in-class presentations, on-bike drills, mock teaching sessions, and peer and self-critiques, you will learn to identify and correct improper technique; assist students in overcoming difficulties; and incorporate various methods of instruction into the IPMBA courses. This course is often described by graduates as one of the most challenging and rewarding classes of their careers. Are you in? **Application required (www.ipmba.org).** *May 16-20, 2014. \$700 (includes application fee). CECBEMS credits available.*





the conference workshops

Offering essential, dynamic, and innovative on-bike sessions **AND** insightful and information-packed in-class workshops, the IPMBA Conference is ideal for new and experienced police, EMS, and security cyclists as well as supervisors and administrators. Sessions range from 1.25-5.5 hours and cover such a broad spectrum of topics that your biggest challenge will be deciding which ones to take. **Tailor your training by registering for just a pre-conference course, just the conference, or, ideally, both!**

on-bike workshops

Required Equipment: properly sized mountain bike, helmet, appropriate eye protection (day/night), pedal retention, cycling gloves, basic bike tools; hydration system strongly recommended. Special equipment needs are in the descriptions.

BIKE HANDLING SKILL DEVELOPMENT

Tour de Tampa will travel 10-12 miles from the hotel, through downtown, and on to the Channelside district, passing the Times Forum, home of the Tampa Bay Lightning. From Channelside, it will meander alongside the Hillsborough River and then cross it to explore the historic University of Tampa campus before returning to the hotel. **Limit 30.**

Urban Night Operations and Team Building. Working in teams of four, you will compete to complete a series of challenges similar to those you may face on bike patrol. This session combines night-time urban riding with skill practice in such areas as administering first aid, performing bike repairs, interviewing, and adapting to different weapons. The course will follow a scavenger hunt format to enable you to explore the town. Teamwork required! Conducted by Gary McLaughlin, Sacramento (CA) Police Department (ret.) and Mike Johnston, University of Utah/Utah's Hogle Zoo. **Prerequisites:** Must be able to ride up to 20 miles at night, regardless of weather. **Equipment:** bike, three-way socket wrench, patch kit, chain tool, flashlight, on-body hydration system, water bottle, high-intensity headlight with four-hour run time, taillight. **Limit 16. Sponsored by Cygolite.**

MMR TECHNICAL SKILL CLINICS

These sessions will be conducted by champion racer and renown mountain bike coach Shaums March, and will combine technical skill building and off-road riding. You must be in good physical condition to participate in these sessions. **Participation is limited to one session per attendee.**

Introduction to Technical Riding is designed to familiarize you with the basic body positions for braking, cornering, climbing, and unstable conditions. These skills will enable you to ride technical terrain and navigate a variety of riding situations. If you are just learning to overcome obstacles, riding only on duty, and/or often get rear pinch flats, this is the perfect class for you! **Limit 20.**

Intermediate Technical Riding is designed to propel you to such skills as bike-body position and separation, braking technique, cornering, steep technical climbing, cadence and rhythm, and overcoming technically advanced terrain. Stamina, nutrition, hydration, pacing, and recovery will also be addressed. To participate in this class, you must be able to execute front and rear wheel lifts, ride up and down short sets of stairs; and ride over small obstacles. *The time allotted includes a 30-minute drive each way. Transportation provided. Limit 20.*



Advanced Technical Riding is designed for experienced riders who have mastered the basic bike-body position and skills and wish to overcome even the most technical and formidable terrain. Advanced bike body separation techniques utilized for j-hops, dropping, jumping, and high-speed riding will be included. You must have disc brakes, have knowledge of bike repair, and understand shifting, brakes, and suspension. In addition to the skills listed for the intermediate clinic, you must be able to successfully execute bunnyhops and j-hops; jumping small sets of stairs; and manual front wheel lifts. *The time allotted includes a 30-minute drive each way. Transportation provided. Limit 20.*

AIRPORT OPERATIONS

Airport Bicycle Operations for Police and EMS. Operating a public safety bicycle in an airport environment presents unique challenges and opportunities. Riders must operate on a variety of road and floor surfaces while navigating through highly congested areas. Commercial aircraft, tugs, carts, and aircraft pushback equipment present dangerous hazards. Security is always a concern. This session will address airport police and EMS bike operations and how to maximize effectiveness while reducing risk. Lectures will be supported by video demonstrations and a bike tour of the airport, to include the parking ramps, employee parking areas, rental car facilities, and the terminal. Conducted by John Zizzo, MSP Airport Police and Gerard Robinson, London Ambulance Service, Heathrow Airport. *This session includes classroom and on-bike segments. The time allotted includes a 20-minute drive each way. Transportation provided. Limit 20.*



BICYCLE RESPONSE TEAM OPERATIONS

BRT Instructor Seminar. This seminar will prepare qualified IPMBA instructors to teach the newly-released Bicycle Response Team Training for Police and EMS. Classroom sessions will introduce the lecture outlines, PowerPoints®, and administrative guidelines. On-bike sessions will provide instruction on how to effectively conduct the skill stations and scenarios. *Open to active PCIs who have taken the IPMBA BRT Training Course or an approved alternative.*



Going Against the Grain: Introduction to BRT Tactics will introduce ways to use yourself and your bike to

deal with groups of people gathered for any event, such as parades, festivals, marches, and protests. You will learn how to ride your bike in close proximity to crowds safely and effectively. Ways to integrate EMS cyclists with Bicycle Response Teams will be explained and demonstrated. Developed by Jason Bain of the Saint Paul (MN) Police Department. *This session involves both classroom and hands-on segments. Limit 20.*

HAZMAT/WMD Initial Response, Post-Event, and BRT Integration. This session will provide first responders and BRT members with tools to manage crowd control activities when faced with HAZMAT/WMD during large public events. Topics include: mitigating the effects through rapid identification of hazards, threat analysis, and initial life-safety decisions; and initial incident command, including decision-making related to identification of material evacuation distances and containment/quarantine needs. Attendees will participate in a simulated response scenario using WISER software, a government program designed to assist first responders in HAZMAT incidents. WISER provides a wide range of information about HAZMATs as well as 24-hour access to HAZMAT/WMD technical advisors. Presented by F/F Christopher Thompson, Broward Sheriffs Office Fire Rescue. *Equipment: laptop or smart phone recommended. This session includes both classroom and on-bike segments. Limit 10.*

EMS OPERATIONS

Defensive Tactics and Close-Quarter Bike Movements is an action-packed session that will teach and strengthen strategies for safe and effective bike movements in challenging environments. It will also introduce defensive tactics for protecting yourself utilizing your bicycle. Open to police, EMS, and security personnel. Developed by Troy Gielish, Irvine (CA) Police Department. **Limit 10.**

EMS Tactics and Street Survival. EMS cyclists often work in situations with the potential to threaten their safety. Through use of scenarios based on real-world incidents, this session will prepare you to survive. It will familiarize you with crowd movement and management, disengagement and escape techniques, combat mindset, surviving an attack, and self-defense, with the goal of ensuring you get to your patient — and get back out. Presented by Cypress Creek EMS. **Equipment: panniers.** This session includes both classroom and on-bike segments. **Limit 12.**

Event Planning and Threat Assessment. Public safety personnel are called upon to provide specific support for a variety of special events. Limited access and/or large crowds are often best handled by specially trained personnel operating specialty vehicles. The quality of the pre-planning determines the operation's success. Working in teams, you will be tasked with writing an Event Operations Order for the conference competition, starting with a site visit and concluding with a presentation to the "event organizers", aka, the instructors. Open to police, EMS, and security personnel. Presented by Cypress Creek EMS. **Equipment: panniers (EMS only).** This session includes both classroom and on-bike segments. **Limit 20.**

INSTRUCTOR DEVELOPMENT

BRT Instructor Seminar. This seminar will prepare qualified IPMBA instructors to teach the newly-released Bicycle Response Team Training for Police and EMS. Classroom sessions will introduce the lecture outlines, PowerPoints®, and administrative guidelines. On-bike sessions will provide instruction on how to effectively conduct the skill stations and scenarios. *Open to active PCIs who have taken the IPMBA BRT Training Course or an approved alternative.* **Limit 10.**

Cone Course Construction for Instructors. Release your inner creativity! This session will introduce you to the endless possibilities that exist in cone course construction. From simple courses to help students overcome their mental obstacles to ones that will challenge even the most skilled riders, Gary McLaughlin Sacramento (CA) Police Department (ret.) and Mike Johnston, Univ. of Utah/Utah's Hogle Zoo, will share some of their most interesting and creative cone patterns. *This session includes both classroom and hands-on segments.* **Limit 12.**

EMSCI to PCI/SCI Transition Course, for EMSCIs who wish to instruct law enforcement and security agencies, highlights the adjustments in both lecture and practical skills needed to accommodate the different needs of the police and/or security cyclist. This transition course requires successful completion of both written and practical skills tests. *Active EMSCIs only. SCI certification open to all EMSCIs; PCI certification open only to EMSCIs who are also sworn law enforcement officers. Copies of police credentials must be submitted. Required equipment: duty rig. This session includes both classroom and on-bike segments.* **Limit 10.**

How to Become an IPMBA Instructor outlines the qualifications and procedures necessary for becoming an IPMBA-certified instructor. Current instructors are encouraged to attend for hints on how to assess and prepare candidates, and to review the requirements for advancing to the level of Instructor Trainer. *This session includes both classroom and on-bike segments.* **Limit 10.**

PCI/SCI to EMSCI Transition Course, for PCI/SCIs who wish to instruct EMS agencies, highlights the adjustments in both lecture and practical skills needed to accommodate the different needs of the EMS cyclist. This transition course requires successful completion of both written test and a practical skills tests. *Active PCI/SCIs only. Required equipment: panniers and rack bag. This session includes both classroom and on-bike segments.* **Limit 10.**

OFFICER SURVIVAL

Defensive Tactics and Close-Quarter Bike Movements is an action-packed session that will teach and strengthen strategies for safe and effective bike movements in challenging environments. It will also introduce defensive tactics for protecting yourself utilizing your bicycle. Open to police, EMS, and security personnel. Developed by Troy Gielish, Irvine (CA) Police Department. **Limit 10.**

Bicycle-Related Firearms Fun. The focus of this session is on the importance of practicing bicycle and firearms skills to unconscious proficiency levels. It will begin with a refresher of basic bicycle and firearms manipulation drills and move on to more advanced drills and dynamic dismounts. It will address the need for dismounting while keeping your eyes on the threat, moving to cover, and shooting on the move. Designed by David Hildebrand, Denton (TX) Police Department. **Equipment: 300 rounds (frangible) and handgun, duty rig, body armor, foam ear protection, duty eyewear (not shooting glasses), bike gloves, bike and mandatory safety equipment (derailleur guard recommended), letter from your department authorizing you to participate in live-fire exercises.** *The time allotted includes a 20-minute drive each way. Transportation provided.* **Limit 16.**

On the Street II: Advanced Firearms for Bike Officers. The shooting drills in this session are designed to replicate situations encountered in the field. After a review of dismounts, reloading, and tactics, students will simulate crashes and ground-shooting. Multiple target shooting and shoot/don't shoot exercises will be included. This fast-paced course will stress you and push the limits of your performance. Recommended for officers who have experienced bike-specific firearms training. Designed by Artie Gonzales, Topeka (KS) Police Department (ret.). **Equipment: 150 rounds (frangible) and handgun, duty rig, body armor, foam ear protection, duty eyewear (not shooting glasses), bike gloves, bike and mandatory safety equipment (derailleur guard recommended), elbow and knee pads (optional); letter from your department authorizing you to participate in live-fire exercises.** *The time allotted includes a 20-minute drive each way. Transportation provided.* **Limit 12.**

POLICE OPERATIONS & TACTICS

Event Planning and Threat Assessment. Public safety personnel are called upon to provide specific support for a variety of special events. Limited access and/or large crowds are often best handled by specially trained personnel operating specialty vehicles. The quality of the pre-planning determines the operation's success. Working in teams, you will be tasked with writing an Event Operations Order for the conference competition, starting with a site visit and concluding with a presentation to the "event organizers", that is, the instructors. Open to police, EMS, and security personnel. Presented by Cypress Creek EMS. **Equipment: panniers (EMS only).** This session includes both classroom and on-bike segments. **Limit 20.**

Tactical Considerations for Bike Patrol. Bike officers must know how to use their bicycles to gain the tactical advantage and how to overcome any disadvantages related to the bike. You will review, practice, and enhance your skills in the following areas: communication, rapid dismounts, patrol tactics, stealth suspect contact, and traffic enforcement. Conducted by Matthew Worm, Omaha (NE) Police Department. **Limit 20.**

SEARCH AND RESCUE

Mountain Bike Use in Urban Search and Rescue will examine methods of implementing mountain bikes in searches for missing children and Alzheimer's patients and ways to identify situations and scenarios in which mountain bikes would be useful. You will be given an opportunity to plan, and, working in teams, organize and conduct a mock search using bike-specific techniques in an urban environment, followed by a discussion and debrief. Presented by David Millican, Denton (TX) Police Department. *This session involves both classroom and on-bike segments.* **Limit 20.**

HOW TO REGISTER FOR CONFERENCE WORKSHOPS - PAGE 2 OF 2

(Conference Attendees Only. Do not complete if you are attending *only* a pre-conference course.)

Fill out your name below! Check the boxes next to the courses you wish to take. Do not select more than one workshop per time slot. Verify that your selections do not conflict with one another. *Register early—some class sizes are limited!*

| | |
|--------------|----------------------|
| NAME: _____ | DEPARTMENT: _____ |
| STATE: _____ | PHONE: (_____) _____ |
| EMAIL: _____ | |

Wednesday, May 21, 2014

0800-0900 *Opening Ceremonies Keynote: Boston Marathon Bombings*

| | | |
|---|--|--|
| 0915-1030 <input type="checkbox"/> Bike Use in Transit Police Departments <input type="checkbox"/> Get Your Explorers on Bikes! <input type="checkbox"/> Preventing and Combating RFID Theft, <i>sponsored by Identity Stronghold</i> <input type="checkbox"/> Youth Bicycle Safety Education | 0915-1200 <input type="checkbox"/> Cone Course Construction for Instructors <input type="checkbox"/> Creating a Department-Affiliated HS MTB Team <input type="checkbox"/> Defensive Tactics & Close Quarter Bike Movements <input type="checkbox"/> How to Become an IPMBA Instructor <input type="checkbox"/> MMR Skill Clinic: Introduction to Technical Riding <i>(limit one MMR clinic per person)</i> <input type="checkbox"/> Tactical Considerations for Bike Patrol <input type="checkbox"/> Wheel Truing | 0915-1645 (Continued after lunch) <input type="checkbox"/> EMS Tactics & Street Survival <input type="checkbox"/> PCI/SCI to EMSCI Transition Course <div style="border: 1px solid black; padding: 5px; text-align: center;"> CONFERENCE SCHEDULE AND INSTRUCTORS SUBJECT TO CHANGE. VISIT WWW.IPMBA.ORG FOR UPDATES. </div> |
| 1045-1200 <input type="checkbox"/> Back to Basics <input type="checkbox"/> Healthy Eating on the Run <input type="checkbox"/> Liquid Assets <input type="checkbox"/> Self Aid/Buddy Aid (SABA) for Public Safety Cyclists, <i>sponsored by Attentus Medical Sales</i> <input type="checkbox"/> Using Bikes Effectively in Schools | | |

1215-1300 *Lunch; Exhibit Hall Open 11:00am-2:00pm*

| | | |
|---|--|---|
| 1400-1515 <input type="checkbox"/> Creating Standard Operating Procedures/Policy Manuals <input type="checkbox"/> Dude, Where's My Bike? <input type="checkbox"/> Singletrack High: High School Mountain Biking as Gang Deterrent | 1400-1645 <input type="checkbox"/> BRT and the Constitution <input type="checkbox"/> Mountain Bike Use in Urban Search and Rescue | 1400-1815 <input type="checkbox"/> Bicycle-Related Firearms Fun <input type="checkbox"/> Going against the Grain: Intro to BRT Tactics <input type="checkbox"/> HAZMAT/WMD Response <input type="checkbox"/> Introduction to Bike Maintenance <input type="checkbox"/> MMR Skill Clinic: Intermediate Technical Riding <i>(limit one MMR clinic per person)</i> |
| <div style="border: 1px solid black; background-color: #e0e0e0; padding: 5px; width: fit-content; margin: 0 auto;"> Workshops shown in red involve on-bike exercises. See descriptions for more information. </div> | | |

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| 1700-2115 <input type="checkbox"/> Urban Night Operations and Team Building, <i>sponsored by Cygolite</i> | | |
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Thursday, May 22, 2014

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| 0815-1100 <input type="checkbox"/> BRT and the Constitution <input type="checkbox"/> Cone Course Construction for Instructors <input type="checkbox"/> Creating a Department-Affiliated HS MTB Team <input type="checkbox"/> Defensive Tactics & Close Quarter Bike Movements <input type="checkbox"/> Mountain Bike Use in Urban Search & Rescue <input type="checkbox"/> Tactical Considerations for Bike Patrol | 0815-1230 <input type="checkbox"/> Bicycle Rodeos: From A to Z <input type="checkbox"/> Going Against the Grain: Intro to BRT Tactics <input type="checkbox"/> Intermediate Bike Maintenance <input type="checkbox"/> MMR Skill Clinic: Advanced Technical Riding <i>(limit one MMR clinic per person)</i> <input type="checkbox"/> On the Street II: Advanced Firearms for Bike Officers | 0815-1500 (Continued after lunch) <input type="checkbox"/> Airport Bicycle Operations for Police and EMS <input type="checkbox"/> EMSCI to PCI/SCI Transition Course <input type="checkbox"/> Event Planning and Threat Assessment |
| 1115-1230 <input type="checkbox"/> Back to Basics <input type="checkbox"/> Bike Use in Transit Police Departments <input type="checkbox"/> Get Your Explorers on Bikes! <input type="checkbox"/> Healthy Eating on the Run <input type="checkbox"/> Singletrack High: High School Mountain Biking as Gang Deterrent | <div style="border: 1px solid black; background-color: #e0e0e0; padding: 5px; width: fit-content; margin: 0 auto;"> DO NOT SELECT MORE THAN ONE WORKSHOP PER TIME SLOT. CHECK TIMES CAREFULLY TO ENSURE THAT YOUR SELECTIONS DO NOT OVERLAP OR CONFLICT WITH ONE ANOTHER. </div> | |

1245-1330 *Lunch*

| | | |
|--|--|--|
| 1345-1500 <input type="checkbox"/> Creating Standard Operating Procedures/Policy Manuals <input type="checkbox"/> Dude, Where's My Bike? <input type="checkbox"/> Liquid Assets <input type="checkbox"/> Self Aid/Buddy Aid (SABA) for Public Safety Cyclists, <i>sponsored by Attentus Medical Sales</i> <input type="checkbox"/> Using Bikes Effectively in Schools <input type="checkbox"/> Youth Bicycle Safety Education | | |
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Friday, May 23, 2014

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|--|--|---|
| 1700 Obstacle Course Competition (Register On-Site) | 0900-1145 <input type="checkbox"/> Tour de Tampa | 0800-1500 <input type="checkbox"/> Bicycle Response Team Instructor Seminar |
|--|--|---|

Lunches are included in the cost of each pre-conference course. During the conference, lunches will be served on Thursday and Friday. All other meals are on your own.

maintenance

BRING YOUR TOOLS! Sessions are hands-on; dress accordingly and bring the necessary equipment as specified below as well as a towel and/or several grease rags.

Introduction to Bike Maintenance will introduce you to essential preventive maintenance and repairs. Learn the three rules of maintenance, how to clean and lube a bike, flat tire repair, front and rear derailleur adjustments, and brake adjustments. *Equipment:* bike, allen wrench set (2, 2.5, 3, 4, 5.8 mm), 8/10 open wrench for older model bikes, set of three tire levers, patch kit, two cleaning towels, three grease rags, a bucket, and a workstand (if possible). **Limit 12.**



Intermediate Bike Maintenance.

Already mastered the basics? In this session, you will learn how to service the drive train (remove pedals, crank arms, chain, rear wheel, and rear cassette); clean, lube, and re-install; clean and replace cables; brakes (clean wheels, change and file brake pads, install and adjust brake cables, and fine-tune brake arms); and the headset (identify and correct a loose headset). *Equipment:* bike, patch kit, set of three tire levers, spare tube, compact pump/CO2, headset wrench, allen wrench set (2, 2.5, 3, 4, 5.8 mm), crank puller for your bike, chain tool (master link if possible), cassette remover, adjustable wrenches, pedal wrench, complete set of metric box-end wrenches (5-17mm), chain lube, two cleaning towels, three grease rags, workstand. **Limit 12.**

Wheel Truing. Department bikes will have less down time if both the front and rear wheels are properly trued. In this hands-on session, you will learn how to properly true wheels. You will also learn to troubleshoot common wheel-related mechanical failures, allowing you to feel more confident while riding on- and off-duty. Presented by Doug Dillon, Houston (TX) Police Department. *Equipment:* truing stand, spoke wrench, and a bike wheel. **Limit 10.**



classroom sessions

Please bring pen, paper, and other materials as specified in the workshop descriptions.

ADMINISTRATOR TOPICS

Back to Basics: What to do Before and After Being on Your Bike. This purpose of this lecture and discussion-based workshop is to refocus on the elements needed to keep your bike team rolling along—bike fit, equipment considerations, health concerns, and working with the administration. It will also address safety, suspect contact, and tactical considerations. Conducted by Erik Merlin, State University of New York at Cortland Police.

Creating Standard Operating Procedures/Policy Manual. Developing a Standard Operating Procedure will provide the members of your bike unit with uniform ways of executing tasks to meet established standards. SOP's provide instructions for performing recurring activities and reacting to expected events. Key concepts are purpose, responsibilities, policy, and action. Specific topics include selection, deployment, training, uniforms and equipment, maintenance, safety, and riding techniques. Learning these concepts and structuring these procedures will benefit administrators and team members. Presented by Det. Eugene Johnson, Atlanta Police Department. *Materials:* Flash drive for handouts.

CAMPUS/COMMUNITY

Bicycle Response Teams and the Constitution. In these days of YouTube and cell phone cameras, a properly trained bike officer is one of the best resources an agency has when responding to a large-scale event, protest, and/or act of civil disobedience. This session will focus on the Constitutional rights of those gathered and provide information to assist responding bike officers with protecting those rights. Designed for Bicycle Response Team members but open to all bike officers. Presented by Det. Michael Gommer, Upper Dublin (PA) Police Department.

Bicycle Rodeos: From A to Z. Learn how to plan and implement a bike rodeo for any age. Topics include assessing local bike safety education needs, planning age-appropriate activities, procuring equipment and supplies, location selection, volunteer recruitment, fundraising, marketing, fitting bicycle helmets, and conducting the rodeo. Conducted by Dan Ganzel, Palm Beach County (FL) Sheriffs Office. *This session includes a rodeo for local students. Participants are strongly encouraged to register for Youth Bicycle Safety Education.*

Creating a Department-Affiliated High School Mountain Bike Team. This session will demonstrate the benefits of a department-sponsored high school bicycle team and how to make one happen in your agency. Topics include recruitment and retention of student riders and coaches, gang prevention, community outreach, equipment acquisition, and insurance liability. Through lecture, discussion, and viewing "Singletrack High", you will be inspired by this unique way of reaching out to the juveniles in your community through bicycles. Presented by George Martinez and Jesus Trejo, Sacramento Police Department.

Dude, Where's My Bike? Using Technology to Combat Bike Theft. Topics include the scale, scope, and cost of bike theft, and ways to combat it. This case study will explore the bike theft problem at the University of Wisconsin and in downtown Madison, and the UW Police Department's response, including use of research, GPS and bait bikes, concluding with the results. Presented by Kurt Feavel, UW-Madison Police Department (retired).

Get Your Explorers on Bikes! Bikes are a great tool for Explorers. Join James Englert of Arapahoe County (CO) Sheriffs Office in a discussion of how to start a bike team, how to utilize it, what to teach and how, and ways to keep the Explorer Bike Unit members engaged. Input from other Explorer bike teams welcome!

Singletrack High: High School Mountain Biking as Gang Deterrent. At the age of 16, many American kids trade in two wheels for four. Trusty steeds that once gave them freedom to explore now collect dust in the garage. For a growing number of high school students in Northern California, however, those wheels don't get dusty—they get dirty. Their weekends still revolve around rides, but now those rides have a finish line. These are the student-athletes of the NorCal High School Cycling League. "Singletrack High" showcases the incredible impact of high school mountain biking.



Presented by Austin McInerney, Executive Director, National Interscholastic Cycling Association (NICA).

Using Bikes Effectively in Schools. Bikes are an effective but often overlooked tool for the

school environment. Instructors, SROs, and supervisors are welcome to come get ideas about ways to use bikes in and around schools and how to get a program started. Learn about tactics that have worked and some that have not from James Englert of Arapahoe County (CO) Sheriffs Office and Ron Kalomeris of Englewood (NJ) Police Department.

Youth Bicycle Safety Education

is designed for personnel who present or create bicycle safety presentations and/or training programs — such as rodeos — for children. It will introduce the crash types that most often involve children and present proven skills to prevent them. It will also examine various types of education strategies and methods to help you design effective and meaningful learning opportunities. Presented by Kirby Beck of the Coon Rapids (MN) Police Department (ret.). *Materials: Flash drive for handouts.*

FITNESS & NUTRITION

Healthy Eating on the Run will address how to develop healthy eating habits and survive eating out while on patrol. Topics include nutritional myths and foods that enhance/decrease performance. Presented by Pamela Thompson, RD, Thompson Training Associates. *Materials: Laptop or smart phone recommended.*

Liquid Assets. Know your liquid assets. What liquids are most beneficial, and how do they affect your body? This session will examine the pros and cons of sports drinks, energy drinks, electrolyte drinks, and water in the context of training, working out, and responding to calls. You will learn how to avoid the hype and select the most beneficial options. Topics include proper hydration, cramping, and the causes and effects of both hyper- and hyponatremia. Presented by David Millican, Denton (TX) Police Department.

GENERAL INTEREST

Opening Ceremonies Keynote: Boston Marathon Bombings: Lessons Learned. This program will highlight the Boston Marathon bombings and emphasize the need for threat assessment, pre-planning, training, and operational discipline during a prolonged multi-agency event. Attendees will gain an appreciation for pre-planning, multiple casualty management, and lessons learned. This is a multimedia presentation and portions may contain graphic material. Conducted by Neil Blackington, Deputy Superintendent, Boston EMS.

Lunches

Lunches are included in the cost of each pre-conference course.

During the conference, lunches will be served on Thursday and Friday.

All other meals are on your own.

Self Aid/Buddy Aid (SABA) for Public Safety Cyclists. Public safety cyclists need to know life-saving skills to survive violent attacks.

Uncontrolled bleeding from an extremity is the #1 cause of preventable death on the urban battlefield. You don't need to be a medic to stop life-threatening hemorrhage. The tenets of "Care Under Fire", a phase of Tactical Combat Casualty Care", apply. These live-saving interventions, combined with a combat mindset, will enhance your ability to survive a violent attack or save your partner. Presented by Bobby Sellers, Cypress Creek EMS. *Sponsored by Attentus Medical Sales.*

POLICE OPERATIONS AND TACTICS

Bike Use in Transit Police Departments. This session will demonstrate how effective bike patrol can be for everyday operations within a transit system. Video footage shot during an IPMBA Police Cyclist Course shows bike officers operating on train platforms, in train stations, and on the tracks if needed. Skills practiced included carrying bikes up and down stairs and avoiding passengers and luggage. It will also demonstrate exercises used to practice boarding a bus in tandem to effect an arrest. Conducted by Ron Kalomeris, Englewood (NJ) Police Department.

Combating and Preventing RFID Theft. RFID is the technology that lets you wave your card in front of a reader instead of having to slide it. It is used in credit cards, drivers' licenses, passports, access cards, and employee IDs. The information stored on these cards is vulnerable to electronic pick-pocketing by high-tech thieves who can read the cards before you ever take them out of your wallet. *Identity Stronghold* presents this valuable session on how to protect yourself against such theft AND identify it when you see it happening on duty.



registration checklist

You may register for a pre-conference course, the conference, or both. To ensure accuracy, please read and complete this checklist. **Thanks!**

CONTACT INFORMATION. Required for nametag and all correspondence. The website address containing your confirmation information will be sent via **e-mail** prior to the event. Confirmations will **NOT** be mailed.

Confirmation Information includes: confirmed courses & workshops; list of required equipment & uniform requirements; PAR-Q (Physical Activity Readiness Questionnaire); travel & logistical information; bicycle shipping & storage details; on-site check-in instructions; and competition info.

I have included **ALL** my contact information.

PRE-CONFERENCE TRAINING COURSE SECTION

Complete this section if you are registering for a pre-conference course.

I have checked the box that corresponds to the pre-conference course that I am going to take.

Instructor Course: I have submitted my Instructor Application (available online or from the IPMBA office).

Police Cyclist Course: I have enclosed a letter from my department authorizing me to participate in live-fire exercises.

CONFERENCE SECTION

Complete this section if you are registering for the conference only or the conference *and* a pre-conference course.

I am registering for the IPMBA Conference, and have selected the appropriate payment box, as explained below.

- *If you are joining or renewing with registration, or your membership is current, select "IPMBA Member Fee."*
- *If you are not a member, or your membership has lapsed and you are not renewing, select "Non-IPMBA Member Fee."*
- *If you are attending ANY of the pre-conference courses, select "Fee for Pre-Conference Attendees."*
- *If you are registering three or more bike team members, select "Bike Team Rate" and submit registration forms **together**.*

I am attending a workshop involving live fire exercises and have enclosed departmental authorization allowing me to do so.

I have completed both pages of the registration form.

OTHER FEES SECTION

Complete this section if you are registering late or bringing a guest who is not attending the conference.

I am bringing a guest(s), have checked the proper box and included the \$50 guest fee for each, and I supplied the guest name(s).

I am registering after April 15, 2014, and my \$35 rush fee is included.

IPMBA MEMBERSHIP SECTION

Membership is required for pre-conference courses and to be eligible for the IPMBA Member conference fee.

I am a **current/renewing** member and have included my IPMBA membership number. If I am renewing, I have also included my \$55 membership dues in the total.

I am **joining** IPMBA and have checked off the appropriate box **AND** included my \$55 membership dues.

FORM OF PAYMENT. Payment **MUST** accompany registration. Registrations received without payment *will be returned*.

I have included the correct payment, including pre-conference, conference, membership, rush, and guest fees, as applicable.

- Faxed registrations **MUST** include a MasterCard, Visa, or Purchase Order number.
- Mailed registrations **MUST** include a check, MasterCard, Visa, or Purchase Order number.
- If you are paying by check, **DO NOT** fax your application and mail the check at a later date.
- If you are paying by check, a faxed registration **WILL NOT** be accepted.

DETAILS



getting here

BY AIR Tampa International Airport, seven miles from downtown, is served by Air Canada, American, Delta, Frontier, JetBlue, Southwest/AirTran, Spirit, Silver, Sun Country, United, and USAirways. Saint Petersburg-Clearwater airport is approximately 18 miles from the Tampa Hilton.

SHUTTLE SERVICE Shuttle service (from Tampa airport only) will be provided by the host agency. Contact Officer Jesse Horn at jesse.horn@tampagov.net or 727-364-8723 to book a shuttle. Leave your name, email address, phone number, airline, flight number,



arrival date and time, and whether or not you will be traveling with your bicycle. If you do not receive confirmation within five business days, please assume your information was not received and resend it. There will be a reception area at the airport for arriving conference attendees in the baggage claim area. Sign up for departure shuttles at the IPMBA Command Center.

BY AUTO Tampa can be easily reached via I-75, I-275, I-4, and US 301. It is 60 miles from Orlando and within 500 miles of Miami, Jacksonville, Birmingham, New Orleans, Atlanta, Charleston, and Charlotte. Parking at the Hilton is \$16/day (self-parking) or \$20/day (valet). If your vehicle is over-height or you will be towing a trailer, please contact Officer Jesse Horn at jesse.horn@tampagov.net or 727-364-8723.

where to stay ←

Hilton Tampa Downtown, 211 North Tampa Street, Tampa FL 33602. Rate: \$104 single/double; \$124 triple; \$144 quad + 12% tax. Call 813-204-3000 by **April 16, 2014**, and ask for Group Code PMBA (note: no "I"), or book online at <https://resweb.passkey.com/go/IntlPoliceMountainBikeAssn>. **Note:** Reservations must be made using the weblink or by calling the hotel directly. Because most of their rooms are being held for IPMBA, discount travel websites may show that the hotel is sold out over the conference dates. A portion of the room rate will be used to offset conference expenses.

getting your bike here



BICYCLE SHIPPING Oliver's Cycles, www.oliverscycles.com

Contact: Randy Myhre. Phone: 813-910-0207; Email: oliverscycle@verizon.net; **you must make arrangements for shipping and other services in advance.**

Package Includes: Storage, assembly and adjustment, delivery to and pick-up from conference site, disassembly, packing, and return shipping (continental U.S. only). Contact for international shipping charges.

Cost: \$210, return shipping within continental U.S. only, and only using conventional bicycle boxes (8 x 34 x 56). Oversized boxes and hard cases may be subject to additional charges. Bicycles will be repacked in the packaging in which they arrive. Attach your name and contact information to the frame. Do not ship personal items with the bike.

Shipping Address: You must ship your bike *at least fourteen business days* prior to your date of arrival. **Any bikes received three days or closer to the event may be subject to a rush fee of \$40.** Ship to: [YOUR NAME]/24th Annual IPMBA Conference/c/o Oliver's Cycles/18055 Highwoods Preserve, Tampa, FL 33647 Date: [DATE YOU WILL ARRIVE IN TAMPA].

For more information about packing and shipping your bicycle, as well as to compare options for shipping and flying with your bike, visit www.bikeflights.com. (For informational purposes only. This is not an endorsement.)

BICYCLE RENTALS Bicycle rentals are not available.



HIGHLIGHTS



Keynote Address
by Boston EMS Deputy
Supt. Neil Blackington:
Boston Marathon Bombings
— an up-close look at the
need to plan for the
unexpected

Bicycle Response Team Training,
HAZMAT/WMD Response,
High School Mountain Bike Teams

Warm sun, sandy beaches,
and wild rides

visit the vendors

A sampling of past exhibitors...4BIKE-POLICE.COM, Bern Unlimited, BIONX, BoundTree Medical, Bratwear, Bushnell Outdoor Products/ Uncle Mike's, Bycycle, Cardiac Science, Cannondale, Chiba Sports, Cycle Siren, Cycle Force Group, Dero Bike Racks, Detours Bicycle Bags, DiNotte Lighting, Endura USA, ERGO the Seat, Ergon USA, Essex PB&R, Eye Safety Systems, First Light USA, Fuji Bicycles, G-Form, GWC Inc., Hayes Bicycle Group, iFORCE Bicycles, ISM Saddles, Jones & Bartlett Learning, Kuji Sports, League of American Bicyclists, Lift & Storage, Lin Manufacturing, Louis Garneau, Marin Bikes, Marwi USA, Mocean, National Association of School Resource Officers, NiteRider Technical Lighting Systems, Olympic Uniforms/J. Marcel, Optibike, Patrol Bike Systems, Kenda USA, Police Technical, R&B Fabrications, Rudy Project Eyewear, Safariland-Kona, Spenco Ironman Cycling Gloves, Stone Cold Outdoor, Tactical Wear Online, Trek Bicycles, Tri-anim, Trico Sports, Trikke Tech, United Uniform, Volcanic Bicycles, Watchguard Video, Yakima Products...



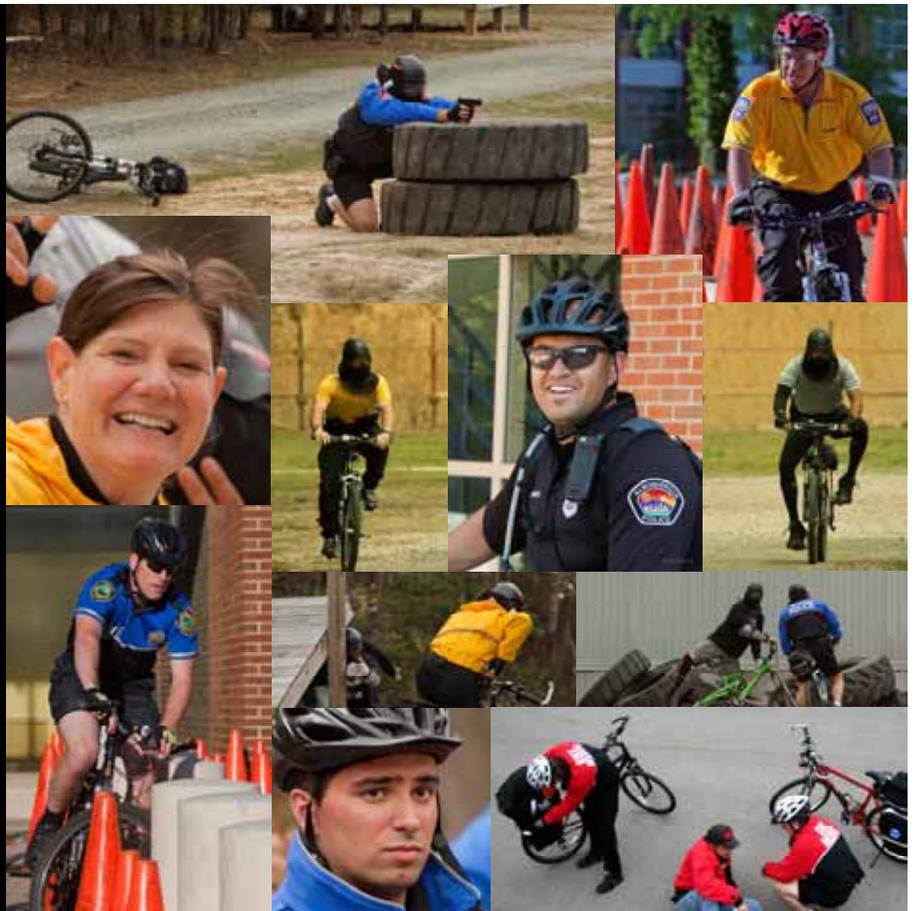
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**24th IPMBA
CONFERENCE**

May 16-23, 2014



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