

SUMMER 2001

ipmba



news

NEWSLETTER OF THE INTERNATIONAL POLICE MOUNTAIN BIKE ASSOCIATION

IPMBA: PROMOTING AND ADVOCATING EDUCATION AND ORGANIZATION FOR PUBLIC SAFETY BICYCLISTS. VOL. 10, No. 3

Stand Up and Be Counted

... Or should we say "Fill Out and Be Heard?" IPMBA will conduct a membership survey and urges its members to respond.

By Maureen Becker
Executive Director, IPMBA

The heart of an organization is its members. A common statement, but a true one? Perhaps not for every organization, but certainly true for IPMBA. That was obvious during the recent IPMBA Conference in Cincinnati. Why did our wonderful hosts, the Cincinnati Police Division, spend three years planning this event, and then pull out all the stops to ensure that everyone went home saying, "that was one of the best conferences ever!"? Why did 50 instructors travel from 19 different states to provide over 325 training hours in eight days? Why did more than 300 public safety cyclists descend upon Ohio from 35 different states and five countries? Dedication. A passion for police and EMS cycling. A desire to continue learning. An appreciation of the skills and talents of others.

I returned to Baltimore from the IPMBA Conference in Cincinnati inspired by many things – the dedication of our hosts, the professionalism of our instructor cadre, the quality of our training programs, and the incredible wealth of resources within our organization. Any organization that has members with such great qualities is fortunate. And if the

organization is wise enough to recognize how fortunate it is and listens to its members, its potential is virtually endless.

One of the themes of the board meeting held at the IPMBA conference centered around membership. Each board member and candidate was asked to answer the questions, "Why should someone join IPMBA?" and "Why should they continue to be members year after year?" There were some good answers, but there were not enough of them. In an organization with nearly 3,000 members, good decisions require input from more than nine individuals. So we decided to ask you the same questions – and a few more.

The IPMBA Board and staff want your needs to be the driving force behind our decisions, strategies, and offerings. The challenge is uncovering the needs and expectations of our members. Because we do not have the resources to speak with each of you individually, we are resorting to a familiar tool – the membership survey.

(Continued on page 6)

Water, Water, I Need Water!

By Ed Brown, EMSCI #002T/PCI #178T
Orange County Fire/Rescue (FL)

All of us are aware of the importance of the intake of water. But perhaps we may not be aware of the demands our bodies place on this special ingredient.

The *American Heritage Dictionary* describes water as a clear, colorless, nearly odorless and tasteless liquid, H₂O, essential for most plant and animal life and the most widely used of all solvents.

Water? Clear, colorless, odorless, and tasteless. Why even consider it? And a chemical formula of two parts hydrogen and one part oxygen, does that even sound good? No way!

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Ready, Set, Go . . .

Wow. Where do I start? Excellent job, Cincinnati PD, you put on a great conference! The dedication and hard work of your whole crew made this conference one of the best ever. Pretty impressive, especially in the aftermath of the civil disorder your city experienced, and your department handled, only weeks before. We all thank you for making the 2001 conference a tremendous success.

I would have liked to have spoken with more of you in Cincinnati, but chances are I was teaching at any given moment – 18 hours in two days! I don't think I have ever worked that hard at a conference, but I had a lot of fun and felt as though we provided the best possible training, so it was well worth the long hours.

The HK course was a success and all those who attended were very impressed with HK instructor Mike Chin. *Officer Survival* was a little bit different this year. Using Redman gear and Simunition technology, it was very realistic, dynamic, and practical for those of us working the street on bicycles! Judging from the overwhelmingly positive comments, we can confidently say that, thanks to our dedicated instructors, all of the workshops were successful. We take pride in the professionalism and quality of our entire instructor cadre; and we count on them to ensure that we keep our "edge" on professionalism in the world of international public safety training.

Congratulations to all of those who participated in this year's competition – men and women, police and EMS. Someday we may have a category for security...

Which brings me to future plans for IPMBA. We have witnessed incredible change in the last three years, especially stepping out on our own and becoming an independent non-profit organization. Long hours, hard work, and much planning made that happen. We cannot rest, however. It is imperative that we continue to grow, progress, and improve. We should not fall back on our past

successes; we should continue to lead the pack! We are planning some exciting programs and improvements in the years to come, one of which is an IPMBA-sanctioned Security Mountain Bike Course, just in time to serve the training needs of the latest branch of public safety to catch bike patrol fever.

We are also tackling the monumental project of *The Complete Guide to Police Cycling*, Second Edition. To maintain consistency in our training materials, we also plan to make revisions to the Police and EMS Cyclist Course Instructor Manuals in conjunction with *The Complete Guide*.

Because you, our members, are the reason IPMBA exists, your input is vital to our survival and growth.

If you possess above-average writing skills in addition to expertise in bike-specific public safety, please contact Maureen to volunteer your services. Credit will be given where it is due!

On a more immediate note, we are putting the finishing touches on the fitness and nutrition section of the PC/EMSC courses. We have included specific information on fitness and wellness as they relate to uniformed services professionals, a very relevant addition and a great improvement.

As a board, we are exploring ways to ensure that we are accessible to each and every member, possibly through some form of regional representation. That way when you need to approach a board member with information, suggestions, and comments both positive and negative, you will be able to at least contact someone in your own time zone.

Because you, our members, are the reason IPMBA exists, your input is vital to our survival and growth. The Fall issue of *IPMBA News* will contain a very important survey. I cannot stress the importance of completing and returning this survey enough. It won't take long, I promise. We can only meet your needs if we are aware of them. The quality and direction of our programs depend on you. Your opinion DOES count – so much so, in fact, that

every member who returns the survey will be entered into a drawing for a complimentary registration to the 12th Annual IPMBA Conference in Ogden, Utah. Don't leave the future of this great organization in the hands of only a few vocal people – fill out the survey and let your opinions be known!

All of this excitement is enough to make my hair turn white. As your new president, I invite you to take full advantage of my "open e-mail policy." Forward all of your comments and ideas to me, to any other board member, or to all of us. We're here to listen and respond, because that's what will make our organization stronger and our future bright.

Sincerely and respectfully,
Your new president.



Kathleen Vonk
kvonk@ci.ann-arbor.mi.us

Kathy Vonk was elected to the position of Board President at the Annual Meeting of the Board of Directors at the conference in Cincinnati. Please see page 4 for a complete list of board members and officers.

ipmba news

Newsletter of the
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The International Police Mountain Bike Association is a non-profit educational organization providing resources, networking opportunities, and training for public safety bicyclists. Membership in IPMBA is \$40.00 per year. See membership form in this issue.

Submissions are welcomed and encouraged.
Call Maureen (410-685-2220) for information.

IPMBA Instructor Course Registration Form ~ CA & MD

BECOME AN INSTRUCTOR FOR THE FINEST PUBLIC SAFETY CYCLIST ORGANIZATION IN THE WORLD! Join the ranks of over 400 IPMBA-certified Instructors nationwide and help ensure that public safety personnel on bikes receive the top-quality training they deserve.

Since 1991, IPMBA Instructors have educated countless public safety personnel in using their bikes safely and effectively on the job. This intense course will increase your confidence, reinforce your understanding of the basic principles of police/EMS cycling, improve your bike-handling skills, and prepare you to communicate your knowledge to others. Teaching methods include in-class presentations, on-bike drills, and peer and self-critiques. You will learn to identify and correct improper technique; how to assist students in overcoming individual difficulties; and how to incorporate various methods of instruction into your courses. When you have completed this course, you will be equipped with the skills you need to teach beginner and intermediate cyclists how to use the bike, not just as transportation, but as an indispensable tool for success on the job. Certification will be issued upon successful completion of the course requirements.

NOTE: This course is required of all PCI/EMSCI Candidates, inactive PCI/EMSCI's (who have not taught a class in over one year), current PCI/EMSC Instructors who have not taken the PCID Course, and all prospective instructors.

If you are not already an IPMBA Instructor or Instructor Candidate, you must submit the following items: 1) Instructor Application and fee (call 410-685-2220 or email ipmba@aol.com to request an application packet); 2) a copy of your IPMBA Police/EMS Cyclist Certificate or a completed IPMBA Membership & Certification Application and fee; 3) a recommendation from your IPMBA-certified Instructor; 4) a recommendation from your department; and 5) this registration form. **CURRENT IPMBA MEMBERSHIP AND CERTIFICATION ARE REQUIRED.**

*NOTE: Applications are subject to review. If you have not met the above requirements and the pre-requisites described in the application, your course registration fee will be returned. The application fee is non-refundable. All applications must be received at IPMBA HQ three weeks prior to the beginning of the course. You must submit your completed Instructor Application prior to or at the same time as your Instructor Course registration form or your course registration form will be returned unprocessed. Course is limited to the first 30 students who meet all prerequisites. Course registration fee or purchase order **MUST** accompany this registration form. Spaces cannot be reserved without payment. **NO WALK-INS.***

CONFIRMATIONS: Detailed confirmation materials, including directions and a list of equipment needs, will be mailed after your registration has been processed.

LOS ANGELES, CA ~ AUGUST 6-10, 2001

COURSE LOCATION: Los Angeles River Center, Los Angeles, California. **HOST HOTEL:** Days Inn Glendale, 600 N. Pacific Avenue, Burbank, CA. \$70 (w/ tax, \$77) per night, single/double/triple/quad. Call 818-956-0202 and identify yourself as a member of IPMBA — rate is only available until August 3rd! **COURSE LENGTH:** 40 hours (five eight-hour days). **HOST AGENCY:** The Mountains Conservation & Recreation Authority. **REGISTRATION DEADLINE:** Applications, Instructor Course registration forms, and all fees must be received by IPMBA no later than July 16, 2001. No walk-ins!

COLLEGE PARK, MD ~ SEPT. 17-21, 2001

COURSE LOCATION: Maryland Fire Rescue Institute (MFRI). **HOST HOTEL:** Quality Inn, 7200 Batimore Avenue, College Park, MD. \$69 (w/ tax, \$75.90) per night single/double/triple/quad. Call 301-864-5820 and mention Group #1527 — rate is only available until August 31st! **COURSE LENGTH:** 40 hours (five eight-hour days). **HOST AGENCY:** The University of Maryland College Park PD. **REGISTRATION DEADLINE:** Applications, Instructor Course registration forms, and all fees must be received by IPMBA no later than August 27, 2001. No walk-ins!

Name: _____
 Home Address: _____
 City, State, Zip: _____
 Home Phone: _____
 Email: _____
 Department Name: _____
 Department Address: _____
 City, State, Zip: _____
 Dept. Phone: _____

- I am registering for the CALIFORNIA Course.
 I am registering for the MARYLAND Course.

➤ CHECK OFF WHAT APPLIES TO YOU!

1. I am a current IPMBA Member (member # _____).
 joining IPMBA (my \$40 dues are enclosed).
 renewing IPMBA membership (my \$40 dues are enclosed).
2. I am an IPMBA-Certified Police or EMS Cyclist.
 not IPMBA-Certified yet, but my Membership & Certification Application & \$10 fee are enclosed.
 awaiting my certificate because I have submitted my Membership & Certification Application.
3. I am a current PCI/EMSCI (My instructor number is _____).
 a current PCI/EMSCI Candidate.
4. I am a first time instructor applicant and:
 My application and \$125.00 fee are enclosed.
 I submitted my app. and \$125.00 fee previously.
5. I am a member of a police bike unit.
 a member of an EMS bike unit.

LOS ANGELES, CALIFORNIA ~ August 6-10, 2001

- \$385 Course Registration (includes lunch each day)
 \$125 Instructor Application Fee
 \$40 Membership Dues
 \$10 Certification

COLLEGE PARK, MARYLAND ~ Sept. 17-21, 2001

- \$385 Course Registration (includes lunch each day)
 \$125 Instructor Application Fee
 \$40 Membership Dues
 \$10 Certification

\$ _____ TOTAL ENCLOSED

FORM OF PAYMENT

- Check MC/Visa

Exp. Date: ___/___/___ Signature: _____

P.O. Number: _____

For PO, Dept. Contact: _____ Phone: _____

Return this form with payment to:
IPMBA Instructor Course
28 East Ostend Street – Baltimore, MD 21230
Sorry, No Faxes.

Cancellation policy: Refund requests must be made in writing and postmarked three weeks prior to the course. Refunds, less a \$25 administrative fee, will be processed following each course. Application fee, certification fee and membership dues are non-refundable. \$25 charge for returned checks.

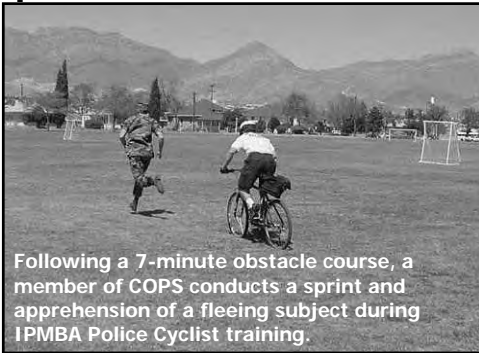
Post MPs Come Along for the Ride

Staff Sgt. Michael B. Shimer, PCI # 475
Center Military Police Company (TX)

Riding in pairs through the housing areas of Ft. Bliss, Texas, military police are silently keeping vigil to protect our persons and property from any criminal element. But these MPs differ from their motorized counterparts: they patrol on 21-speed Cannondale and Trek police mountain bikes.

The advantages of patrolling by bike are many. First, the personal contact between a bicycle mounted MP and the public is far greater than with those MPs that patrol in a police sedan.

"We are constantly being approached by the kids and parents in our neighborhoods. Our guys can talk to as many as 50 people during just one shift," said Sergeant Gary Moore, the bike patrol section supervisor.



Following a 7-minute obstacle course, a member of COPS conducts a sprint and apprehension of a fleeing subject during IPMBA Police Cyclist training.

Secondly, the bicycle mounted MP facilitates the true nature of the bike patrol's mission: Community Oriented Policing.

Community Policing is defined as a policing *philosophy* that promotes and supports organizational strategies to address the causes and reduce the fear of crime and social disorder through problem-solving tactics and community-police partnerships.

In order to give them the skills and tactics necessary to patrol from a mountain bike, the Ft. Bliss Community Oriented Policing Section (COPS) certifies all of their newly assigned patrols through the International Police Mountain Bike Association (IPMBA).

IPMBA is a nationally recognized organization advocating law enforcement by mountain bike. Their basic certification is the *Police Cyclist™* Course, based on the *Effective Cycling* program created by John Forester and the League of American Bicyclists. *Effective Cycling* is based on the principles of Vehicular Cycling, and teaches cyclists that they fare best when they act and are treated as drivers of vehicles.

"Center MP Company has the only certified police bike instructor in the region now," says Captain John Adams, commanding officer of the Ft. Bliss law enforcement sections, including COPS. The military police have opened up training opportunities for all of the surrounding local law enforcement, including the El Paso Police Department, University of Texas El Paso campus police, and the Holloman AFB, New Mexico, Security Police.

Not only a public relations tool, policing by mountain bike is an effective tool for law enforcement. The "Stealth Mode" of patrolling quietly in pairs in the shadows and back alleyways of post can surprise even the most skilled criminal.


"You can see, hear and smell more from a mountain bike," said Specialist Carlos Gonzalez, a recently trained member of COPS. "Plus, you can't hear a 21-speed mountain bike coming down the street like you can hear an 8-cylinder Ford Crown Victoria."

Policing by mountain bike has become more and more popular around the country since the late 1980s. Many installations within CONUS and overseas have adopted community policing and bike patrol programs. IPMBA Police Cyclist Instructors have recently been invited to train 40 Military Police from the Army and Air Force in Heidelberg, Germany, according to Officer Kirby Beck of the Coon Rapids Police Department in Minnesota, and the immediate past President of IPMBA

While still in its infancy, bike patrol in the military has yet to receive the standards and acceptance afforded to other skills such as criminal and traffic accident investigations and the military working dog program.

"We will do our best to work with the brass and others to push for standardized training in the military," said Officer Beck.

The IPMBA Police Cyclist Course has become the standard of many law enforcement agencies around the world and is required training in a number of states, including Tennessee, Florida, Wyoming, Georgia and Utah. In several other states it has been accepted as an accredited training program for certification.

The COPS section works hand-in-hand with the Provost Marshal's Office's D.A.R.E. and Crime Prevention sections. To contact a member of the section, call (915) 568-4851. 

This article appeared in The Monitor, the weekly newsletter for Fort Bliss. It can be found, with additional photos, at www.lavenpublishing.com/filecabinet/insi42601.html.

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Smith & Wesson now offers LEASING for Law Enforcement Bikes

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Smith & Wesson makes it easier than ever to finance your bikes! With the widest selection of finance options available, we can offer a program to fit your needs and budget. This program is available to law enforcement agencies, correctional institutions, authorized Federal Agencies and EMS organizations.

ADVANTAGES OF LEASING YOUR BIKES:

- **LOW payments** spread up to **three years**.
- **Payments are expensed** as part of your operating budget, **not capitalized** as a major equipment purchase.
- Keep your equipment **up to date at all times** — choose among latest models when time to renew your lease.
- Option to buy out bike for **only \$1.00** at lease end!

THIS IS HOW IT WORKS:

The following examples are based on a 9.5% prime interest rate. (actual contracts will be based on prime interest rate at time of signing. All pricing based on quarterly payments per bike).



| Bike Models | Purchase Price | Lease (quarterly payments per bike) | | |
|-------------|----------------|-------------------------------------|----------|--------------------------|
| | | 1 year | 2 year | 3 year (minimum 6 bikes) |
| Custom | \$899.00 | \$238.01 | \$124.60 | \$86.91 |
| Patrol | \$550.00 | \$145.52 | \$76.18 | \$53.14 |
| Tactical | \$725.00 | \$191.90 | \$100.46 | \$70.07 |

As part of our commitment to ongoing service and support, Smith & Wesson offers a **Free Maintenance Training** session at our Springfield, MA production facility with the purchase of any S&W L.E. bike.

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IPMBA to Conduct Membership Survey

(Continued from page 1)

Surveys are great – they are easy to complete and return, they are an effective way for members to communicate their needs and wants, and they are very valuable to decision-makers.

The problem with surveys is that fewer than 10% of members in a typical organization take the time to respond. Perhaps the other 90% think, “I’m not going to waste my time filling that out. My opinion doesn’t count, anyway.

Someone else will respond.” Well, guess what? Your opinion does count. If we do not know your opinions, we cannot take them into consideration during our decision-making processes. And if you do not share your opinions, you cannot complain that they have been disregarded.

If we do not know your opinions, we cannot take them into consideration during our decision-making processes.

The survey will appear in the next issue of *IPMBA News*. Don’t be typical. Make a promise NOW that you will complete and return it right away. If you do, your name will

be entered into a drawing for a complimentary registration to the 12th Annual Police on Bikes Conference May 9-11, 2002, in Ogden, Utah.

Thank you in advance for taking the time to complete the 2001 IPMBA Membership Survey. The survey results will be published in a future

issue of *IPMBA News*, and we will keep you informed as to how we use them. We hope that we will be able to use the information you provide to help us allocate our resources – time, money, personnel, and volunteers – to better meet your needs.



Water, Water, I Need Water

(Continued from page 1)

Yet water is the substance our bodies most require. Here is a look at the medical side of the importance of water, according to the 2nd Edition of *Paramedic Emergency Care* by Bledsoe, Porter, and Shade.

Water is the most abundant substance in the human body. In fact, water comprises approximately 60% of total body weight. The total amount of water in the body at any given time is referred to as the total body water (TBW). The TBW of a person weighing 70 kilograms (154 pounds) is approximately 42 liters (11 gallons).

Water is usually distributed into various compartments of the body. These compartments are separated by cell membranes. Approximately 75% of all body water is found in the intracellular compartment, which contains all fluid found inside body cells. The extracellular compartment contains the remaining 25% of all body water, or extracellular fluid.

There are two divisions within the extracellular compartment. The first includes the intravascular fluid – the fluid found outside of cells and within the circulatory system. It is essentially the same as the blood plasma. The remaining compartment includes the interstitial fluid – all the fluid found outside of the cell membranes, yet not within the circulatory system.

Water is the universal solvent and is necessary for many of the biochemical reactions that occur. The water coming into the body is referred to as intake. The water excreted from the body is referred to as output. To maintain balance, the intake must equal the output.



Several mechanisms work to maintain a relative balance between input and output, i.e., when the fluid volume drops, the pituitary gland at the base of the brain secretes the hormone ADH (anti-diuretic hormone.) ADH causes the kidney tubules to reabsorb more water back into the blood and to excrete less urine. This process helps restore the fluid volume to normal values.

Thirst also regulates fluid intake. The sensation of thirst normally occurs when body fluids decrease, stimulating the person to take in more fluids orally. On the other hand, when too many fluids enter the body, the kidneys are activated and more urine is excreted, thus extra fluids are eliminated. The body also maintains fluid balance by shifting water from one body part to another.

An individual performing work in a hot environment will lose one to two liters of water per hour. Each liter lost contains 20-50 mellequivalents of sodium. The loss of water and sodium, combined with general vasodilation, leads to a decreased circulating blood volume, venous pooling, and reduced cardiac output.

Remember: even though all this medical knowledge about the importance of water may not mean that much to you, summer weather is upon us and dehydration might be just around the corner. Dehydration can lead to heat cramps, heat exhaustion, and heat stroke. So monitor yourself, your fellow cyclists, your workload, and the temperature. And never forget to practice what we preach:

Drink BEFORE you are thirsty.



The 11th Annual Police on Bikes Conference Highlights



The 11th Annual Police on Bikes Conference is now history, and what a fantastic event it was! Hundreds of police officers and EMS professionals on bikes, all gathered in one place for the purposes of increasing their knowledge and honing their skills. O.K., there might be a few other reasons, like camaraderie and fun! For those of you who have not yet attended an IPMBA conference and wonder what they are like, and for those of you who have fond memories of the conference in Cincinnati, we're offering you a glimpse. . .

Behind the Scenes at the IPMBA Conference

Participants

Number of attendees: 153 pre-conference; 297 conference
Number of states represented: 38
Countries represented: 5
Most well-represented department:
Police – City of Bethlehem, PA – 10;
EMS – Williamson Medical Center, Franklin, TN – 7

Training

Number of instructors: 50, from 19 different states
Number of training hours offered:
176 pre-conference; 149 conference
Number of different workshops offered: 50

The Hosts

Number of CPD officers detailed to the conference: 63
Number of person-hours worked by CPD officers: 2870
Number of transport vans used:
Six mini-vans and two 15-passenger vans

Competition

Number of hill-climb competitors: 34
Number of obstacle course competitors: 76

Above and Beyond

Most "above and beyond" favor by a CPD officer:
Washing – and folding – an instructor's shirts

Food

Number of pounds of chicken served: 425
Amount of Skyline Chili consumed: 350-500 servings
Amount of wings consumed: 16 dozen
Number of pizzas consumed: 50
Number of doughnuts consumed: 2,400
Number of bagels consumed: 1,000
Number of pastries consumed: 1,000
Number of bottles of water donated: 3,600
Number of bottles of sports drink donated: 2,400
Most desserts eaten at one lunch: 3 slices of cheesecake

The View from the "Back of the House"

There is so much activity at an IPMBA conference that happens in full view of the conference attendees, but it seems that even more activity is observed and reported by hotel employees. These reports come to us directly from the Westin. The subjects of these reports will no doubt be glad to know that their anonymity has been preserved.

OH, THAT'S WHY I HAVE A HEADACHE: One member of the group reported that all the snack items were missing from his mini bar. A search of his guest room garbage can revealed all the empty wrappers and quite a few empty beer cans. The guest suddenly remembered his late-night binge.

AND THAT'S WHY MY FEET HURT: One guest presented our front doorman with a valet parking ticket from the previous evening. The doorman soon realized that it was from the hotel next door, not the Westin. The guest later said, "It did seem like a much longer walk to my room last night than usual...."

ON A POSITIVE NOTE: While the group was in-house the number of complaints concerning suspicious persons and missing items from guest rooms was down from the previous weeks. But there was that bank robbery in the hotel atrium – all those cops and the robber runs past an EMS guy...

ABOVE ALL ELSE, IPMBA MEMBERS ARE ATHLETES: The sports bar reported that revenues for the week were up 37% over last year for the week.

WHAT CAME FIRST, THE CHICKEN OR THE DESSERT: The kitchen reported that during your visit they served 1535 lunches, including 425 pounds of chicken. More interesting was the report that 1602 desserts were consumed.

Thank You

Many thanks to the vendors and other supporters who helped ensure the success of the IPMBA Conference. We encourage you to show your loyalty to these companies for the invaluable products and services they provide to public safety cyclists. Without them, our jobs would be a lot less comfortable! Please take a moment to extend a special "thank you" to the sponsors, indicated below with an asterisk (*). From shirts to hospitality suites and from "goodies" to drawing and competition prizes, their contributions helped make this conference a memorable one!

Amerityre Corporation

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Email: chibagloves@aol.com/Website: www.chibagloves.com

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Phone: 513-792-1606/Fax: 513-793-6959
Email: agibson@fechheimer.com
Website: www.fechheimer.com

Fuji Bikes*

Phone: 201-337-1700/Fax: 201-337-1762
Email: thart@fujibikes.com/website: www.fujibikes.com

Going Mobile*

Phone: 513-531-7467
Website: www.goingmobile.com

Heckler & Koch International Training Division

Phone: 703-450-1900/Fax: 703-450-8160
Website: www.hecklerkoch-usa.com

ITC Sportswear*

Phone: 319-588-8070/Fax: 319-588-4668
Email: pat@itsportswear.com
Website: www.itsportswear.com

Kenda USA*

Phone: 866-KENDAUS/Fax: 614-866-9805
Email: bbanks@kenda.com.tw/Website: www.kendausa.com

Lane Sunglasses*

Phone: 800-542-7850/Fax: 219-956-2112
Email: eyewear@netmitco.net
Website: www.lanesunglasses.com

Light & Motion*

Phone: 831-645-1538/Fax: 831-375-2517
Email: cwilcox@lmindustries.com
Website: www.bikelights.com

Michael's of Oregon

Phone: 503-655-7964/Fax: 503-722-5701
Email: king@unclemikes.com
Website: www.unclemikes.com

Mocean

Phone: 949-646-1701/Fax: 949-646-1590
Email: moceanbl@aol.com/Website: www.mocean.net

MRL/Medical Research Laboratories

Phone: 847-520-0300
Email: mrl@mrlinc.com/Website: www.mrlinc.com

National Bike Registry

Phone: 510-665-0280/Fax: 510-665-0285
Email: cdavis@centricmedia.com
Website: www.nationalbikeregistry.com

National Institute for Occupational Safety & Health (NIOSH)

Phone: 513-533-8138/Fax: 513-533-8138
Email: njb1@cdc.gov/Website: www.cdc.gov/NIOSH

NiteRider*

Phone: 800-466-8366/Fax: 858-268-9315
Email: jhaywood@niterider.com/Website: www.niterider.com

Olympic Uniforms/J. Marcel Enterprises*

Phone: 206-722-1412/Fax: 206-722-1521
Email: reps@olyuniforms.com
Website: www.olyuniforms.com

Panasonic Computer Solutions Co.

Phone: 904-322-6944/Fax: 904-756-5131
Email: dave_poulin@P2C2.com
Website: www.panasonic.com/toughbook

Patrol Bike Systems*

Phone: 651-773-8763/Fax: 651-773-8762
Email: patrolbike@earthlink.net
Website: www.patrolbike.com

Police E-Bikes, Inc.

Phone: 419-445-0306/Fax: 419-445-5256
Email: tucker2@bright.net

Pro-Tuff Uniforms*

Phone: 800-547-0976/Fax: 541-673-4793
Email: info@protuff.com/Website: www.protuff.com

R&B Fabrications, Inc.*

Phone: 419-594-2743/Fax: 419-594-2250
Email: rbfab@bright.net/Website: www.rbfab.com

Repro-Med Systems, Inc.*

Phone: 800-624-9600/Fax: 845-469-5518
Email: info@repro-med.com
Website: www.Repro-med.com

Roy Tailor Uniform Company*

Phone: 513-621-4787/Fax: 513-621-0483

Rudy Rack*

Phone: 800-434-6442/Fax: 715-344-6148
Email: ryan@rudyrack.com
Website: www.rudyrack.com

Smith & Wesson*

Phone: 413-747-3555/Fax: 413-747-3532
Email: dfournier@smith-wesson.com
Website: www.sw-psdw.com

Setcom Corporation

Phone: 650-965-8020/Fax: 650-965-1193
Website: www.setcom.com

TAC-V*

Phone: 707-894-4413/Fax: 707-894-4423
Email: TacV-Sales@mindspring.com

TLC Awards

Phone: 800-593-6502/Fax: 724-423-8315
Website: www.awardpartner.com

Trek Bicycles*

Phone: 920-478-4678 or 800-313-8735 ext. 4911
Fax: 800-443-8735
Email: police@trekbike.com
Website: www.trekbikes.com

United Uniform

Phone: 213-746-8000/Fax: 213-746-2010

Vigor Sports, Inc.*

Phone: 562-407-2184/Fax: 562-407-2189
Email: jennifers@vigorsports.com
Website: www.vigorsports.com

IPMBA Police on Bikes Conference — Cincinnati-Style

By Sgt. David Simpson, Conference Chairman
Cincinnati Police Division (OH)

To all who attended, sponsored, staffed, or assisted with the conference in any way, I want to say "thank you!" To say we had a great time would be an understatement. Great training, great ideas traded, great friends made...and we were just lucky enough to have it all here in Cincinnati! Despite the sketchy times just a few weeks before the conference, IPMBA and its members trusted us to take care of the business at hand and still give our best shot at hosting the event, and we appreciate your trust. All in all, I would say the conference was a success.

This conference could not have gone so smoothly without those people who worked ungodly hours and performed duties way outside of their job descriptions – the Cincinnati Red Shirts. To Lt. Dennis Meyer, Sgt. Doug Wiesman, P.S. Nate Young, P.S. Mike Drexelius, and P.O. Tim Bley of the Cincinnati Police Division (CPD), and P.O. Roger Nelms of the Cincinnati/No. Kentucky International Airport Police: I will never be

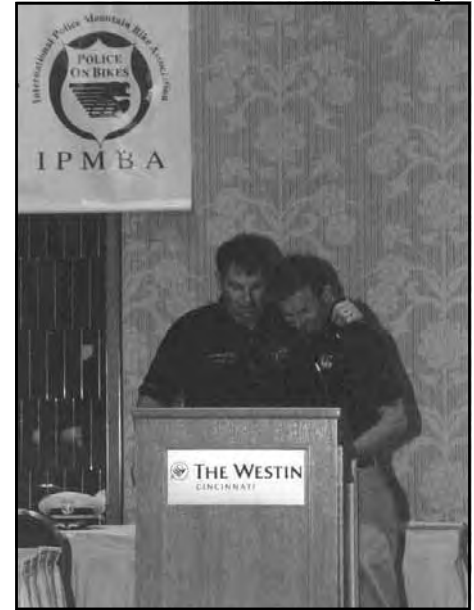
able to truly show my gratitude to you guys, but thanks and I love you. To the rest of the CPD Bike Patrol: you were all terrific. You did everything that was asked of you, really stepping up and making us look good, thanks!

Many thanks, too, to the IPMBA board and staff. There was an incredible partnership between IPMBA and the CPD. The IPMBA board members worked with us and were always willing to help; program manager Keith Lorenz worked long, hard hours and was always there to solve problems; and executive director Maureen Becker went above and beyond the call of duty. As a result, this was one of the most organized conferences I've ever experienced. Thanks to all of you.

I want to close by saying that our hospitality did not end with the conference. If you are ever in Cincinnati, look us up. — *Ride Safe!*

Gone -- But Not Far!

The International Police Mountain Bike Association (IPMBA) would like to express its sincerest appreciation to Kirby Beck for his many years of service. As a founding member of IPMBA, Kirby was instrumental in establishing the foundation upon which IPMBA's programs have been built. He was worker, witness, or instigator of all of IPMBA's accomplishments to date, including the first Police Cyclist Courses, *The Complete Guide to Police Cycling*, the addition of the EMS Cyclist Courses, and each of the annual Police on Bikes Conferences. He did not stop there, however. Kirby also served as the IPMBA representative on the governing board of the League of American Bicyclists, and was at the helm in 1998 when the difficult but exciting decision was made to separate from the League and form an independent non-profit organization. Not only was he the driving force; he also provided financial backing — with no real guarantee that he would ever be repaid. IPMBA has repaid its financial debt, but will never be able to repay Kirby for the investment of his time and energy. As president, Kirby has demonstrated his dedication and leadership in guiding the independent IPMBA through its infancy, never forgetting that the members are IPMBA's most valuable asset. He has served not for selfish reasons, but always for the good of the organization, both present and future. He has set the standard for IPMBA's future leaders. As he steps down from the Board, IPMBA would like simply to say, "thanks for everything," and to remind him that though he may be "gone," he won't ever be forgotten, and that he can't get away quite so easily. *Ed. Note: As vice-chair of the Education Committee, Kirby will serve as project manager for The Complete Guide to Police Cycling, 2nd Edition.*



Officer Allan Howard (right), first president of IPMBA, pays tribute to Kirby Beck at the Conference's Opening Ceremonies.

From Captain Gary Gallinot

Santa Monica Police Department (CA)
IPMBA Board Member 1992 – 1995
IPMBA Instructor #004

Congratulations on your retirement from the Board of Directors of IPMBA. It doesn't seem that long ago when we met in Arizona for the first Police on Bikes Conference in 1991, hosted by the League. Then in 1992 in Las Vegas when IPMBA was originally formed. People thought that bike patrols were a fad; however, we, the true believers, had a vision that has become a phenomenon. The concept of Police on Bikes has become an integral part of community policing. Many people put in long hours to establish the organization that we all enjoy today. You, my friend, have put in more time and will always have the reputation as the longest-serving original board member. I did not want to say oldest member, so as not to offend you. But, you are one of the old guys.

Thank you for your leadership and dedicated service to the organization and the many men and women that have benefited from your training and expertise.

Once a bike cop, always a bike cop. Again, congratulations and thank you for your years of service. – Gary

From Officer Stuart Bracken

Tacoma Police Department (WA)
IPMBA Board Member 1993 – 1999
IPMBA Instructor # 003

I was lucky enough to be elected to the Board of IPMBA and had the honor of being a part of the first Board put together for this great organization. On that Board were a great bunch of people who worked hard and really stood out. Then there were guys like Kirby Beck and I—the big mouths, yak, yak, yak. Kirby can tell you we had some difficulty seeing eye to eye—that's mostly because we were standing nose to nose and we never really heard the other as it seemed we spoke just a little too loudly. There wasn't actually any yelling but I remember somebody saying something about gloves, three rounds and a ring. Not really, of course, but I do remember [then president] Allan Howard writing down the date and time of the one time Kirby and I agreed on a topic. An historic moment...

People thought that bike patrols were a fad; however, we, the true believers, had a vision that has become a phenomenon.

Our meetings were sometimes long and arduous. Kirby showed class in those marathon meetings — when all of us were nodding off and our faces ended up in the pizza, Kirby was the quintessential leader.

He was still eating and making historical comments such as, "Excuse me, are you going to eat that?" Man, I had so much respect for a guy who could still put it away amidst such adversity — carbo-loading at its best. I didn't know at the time he was prepping himself for the leadership role he would soon take.

He and I both wanted to be president at the election in Tacoma in 1998, and I ended up his Vice President. I have the greatest admiration for Kirby and the job he has done because he had one thing in mind and that was how to make IPMBA better. Kirby has been able to guide IPMBA into the 21st Century and we are all better for it. He always made me proud and happy to be his VP.

Kirby, IPMBA became a part of me and is now ingrained in you, too. You will never be able to get IPMBA out of your mind and that's not a bad thing.

With the greatest of respect; your nemesis, your fellow Board member, your IPMBA Partner, but most of all your pal. – Stu, Another Bike Dude

Great Turnout for Mountain Bike Competition

By T.J. Richardson, PCI #139T
 San Antonio Police Department (TX)

The IPMBA Police & EMS on Bikes Obstacle Course and Hill Climb drew a total of 106 contestants, each of whom participated in either one or both of the competitions. Although no official records have been kept, it would be safe to say that there were at least as many competitors as there were for the 1998 competition in Tacoma, if not more.



A breath-taking view of downtown Cincinnati formed the backdrop for the hill climb competition. Pictured: Roger Pfister of Switzerland, a member of the winning police team for the obstacle course.

The Hill Climb was something nightmares are made of, and only the serious needed apply. Contestants started out at near river level, at the bottom of Mount Adams, and then were confronted with block after block of unforgiving elevation, rising 310 feet over just 6/10 of a mile to a breathtaking view of Cincinnati... breathtaking, that was the sound of contestants gasping for oxygen at the top! All those who started the climb finished it and 12 brave souls were awarded "medal" to show that they had the "mettle."

The Obstacle Course, held the



1st place EMS female Rose Steagall makes the cone course look almost easy.

Photos by Maureen Becker

following day in conjunction with the Flying Piglets Run, (purely coincidental; no reference to police) got off to a slow start, but ended with some mind-blowing runs on the challenging course. The average time for EMS cyclists was 2:17.08. Tim Hayward (Troy Fire Department), part of Team Troy Fire/Manatee City EMS, crossed the finish in a scorching 1:27.03, clinching the top spot in the Male EMS Cyclist category. Rose Steagall (Williamson Medical Center EMS) took top honors as the fastest Female EMS cyclist.

The average time for police cyclists was just slightly faster, at 2:13.20. Jason Schiffer (City of Bethlehem PD) proved to be the man of steel, with a time of 1:12.79, coming out of nowhere to blast past some heavy favorites and triumph as the fastest male police officer on the course. Officer Lou Ann Hamblin (Van Buren Township PD) took the top spot in the Female Police Cyclist category.

A great deal of thanks are due to all those who participated and those who helped design and run the competition, but a few hard workers deserve special recognition: Officer Kelly Ratliff (Leawood PD), the human computer, for her flawless scorekeeping; Officer Gary McLaughlin (Sacramento PD) for his help in building a challenging course; and especially Sergeant David Simpson and the rest of the crew from the Cincinnati Police Division, for making the entire event a tremendous success.

Things to look forward to: some awesome down-hills AND up-hills in Ogden, Utah, May 9-11, 2002. 'Til then, remember: a \$2000 bicycle doesn't make a \$2000 rider!



1st place (police) team member Roger Nelms (Cinti/No. KY Int'l Airport PD) maneuvers quickly through the cones.

Ed.'s note: Warm up for next year's competition (in Ogden, Utah) at the Wheeling, West Virginia PD's first Police & EMS Mountain Bike Competition, September 8-9, 2001. See page 17 for details.

2001 Competition Results

Results

EMS Team

1st Place (See picture A)

Team 6 East Baton Rouge EMS: Corey Magill/Bobby Lee
(E. Baton Rouge EMS, Baton Rouge, LA)

2nd Place

Team 12 Williamson Medical Center EMS: Steve Denny/Nick Gatlin
(Williamson Med. Ctr. EMS Franklin, TN)

3rd Place

Team 3 Troy Fire/Manatee City EMS: Bryan Boren (Manatee City EMS, Bradenton, FL)
Tim Haywood (Troy Fire, Troy, OH)

EMS Individual Male

1st Place (See picture B)

Tim Haywood (Troy Fire, Troy, OH)

2nd Place

Corey Magill (EBR EMS, Baton Rouge, LA)

3rd Place

Michael Campbell (Williamson Med. Ctr. EMS, Franklin, TN)

EMS Individual Female

1st Place (See picture on page 10)

Rose Steagall (Williamson Med. Ctr. EMS, Franklin, TN)

Police Team

1st Place (See picture C)

Team 17 Swiss-Kentucky-Kangaroo: Roger Nelms (Cinti/N. KY Int'l Airport PD, OH),
Rob Duncan (Florence PD, Florence, KY), Colin Cooper (Victoria PD, Victoria, Australia),
Roger Pfister (Switzerland PD, Hilterfingen, Switzerland)

2nd Place

Team 13 Pitracer: Ron Jacobs (Gilbert PD, Gilbert, AZ), Mitch Trujillo
(Boulder PD, Boulder, CO), Ed Croissant (Tampa PD, Tampa, FL),
Darin Zarembo (Medina City PD, Medina City, OH)

3rd Place

Team 20 City of Bethlehem PD: William Kissner, Jason Schiffer, John Repsher,
Anthony Leardi (City of Bethlehem PD, Bethlehem, PA)



A



B



C

Photos by TJ Richardson

Police Individual Female

1st Place under 35 (See picture E)

Kathy Ferenczy (Cincinnati PD)

1st Place 35+ (See picture D)

Lou Ann Hamblin *Fastest Female* (Van Buren Twp. Public Safety, Belleville, MI)

Police Individual Male Under 35

1st Place (See picture F)

Jason Shiffer *Fastest Male* (City of Bethlehem PD, Bethlehem, PA)

2nd Place

Darin Zarembo (Medina City PD, Medina City, OH)

3rd Place

Phillip Redford (Wheeling PD, Wheeling, WV)

Police Individual Male 35+

1st Place (See picture G)

Mike Adams (Wilksburg PD, Wilksburg, PA)

2nd Place

Dave Brady (Alameda County S.O., Dublin, CA)

3rd Place

Jim Roy (Topeka PD, Topeka, KS)



E



D

F

Team Hill Climb Combined Age Under 70 (See picture H)

1st Place

John Stebbins/Tim Bley (Cincinnati PD, OH)

2nd Place

Ron Jacobs (Gilbert PD, AZ)/Mitch Trujillo (Boulder PD, CO)

3rd Place

Jason Schiffer/Bill Kissner (City of Bethlehem PD, Bethlehem, PA)

Team Hill Climb Combined Age Over 70 (See picture H)

1st Place

Mark Hanner/Lowell Petersen (Omaha PD, Omaha, NE)

2nd Place

Jim Roy (Topeka PD, Topeka, KS)/Tim Reuss (Northwestern U. PD, Evanston, IL)

3rd Place

Tony Leardi/Mike Ogradnick (City of Bethlehem PD, Bethlehem, PA)



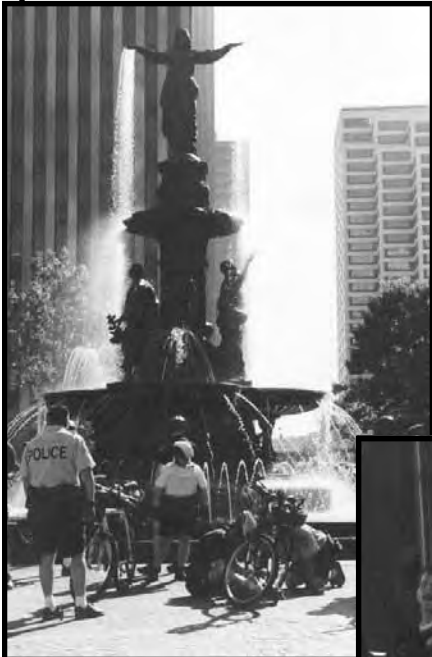
G



H

A Look at the Conference

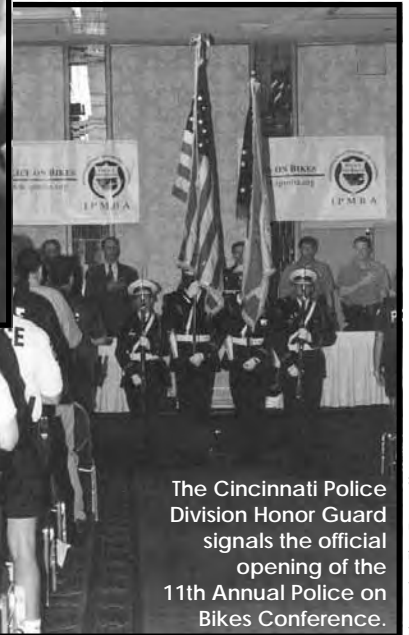
An Inside (and Outside) Look at the Conference



Ready to ride: Police and EMS Cyclists gather on Cincinnati's Fountain Square for an on-bike training session.



Expert mechanic Vance Blume of the Blume International Service School unravels the mysteries of the bicycle wheel during the Maintenance Officer Certification Course.



The Cincinnati Police Division Honor Guard signals the official opening of the 11th Annual Police on Bikes Conference.

At left, attendees listen attentively to an instructor during one of numerous classroom-based presentations offered at the conference.

Photos by Jim Bowell

EMS at the Conference

EMS Shines at the 2001 Conference

By Ed Brown, EMSCI #002/PCI #178
Orange County Fire/Rescue (FL)

First, I would like to thank the Cincinnati Police Division for a job well done. First-rate is the description that comes to my mind. Everything was excellent – from arrival at the airport to departure, and everything in between. Compliments to everyone involved; you made it a **great** conference.

The presence of EMS at the conference just keeps increasing each year. This year we had international representation for the very first time – a warm welcome to the Canadian contingent, Fred Thomas and Tim Branch from Windsor, Ontario. We were excited to certify 15 EMS Cyclists in the EMS Bicycle Operations Course, and four EMSC Instructors in the Instructor Course. All passed with flying colors. Congratulations to all of you. Special thanks to the EMSC Course co-instructors, EMSCIs Neil Blackington, Pat Donovan, and Greg Johnson. You were all top-notch.

As the presence of EMS continues to expand, so does the need for a louder voice at the top.

Thanks, too, to EMSCI Jim Bowell for your participation in the Instructor Course, and to Nick Gatlin and the crew from Williamson Medical Center for providing EMS support to the Advanced Course. I am sure it was more than you bargained for, especially with the off-road rides each day.

This year also featured the very first EMS-specific vendors, MRL and R&B Fabrications. They felt the event was a success for them, so I expect we will see them and a few others showing up at future conferences. I also could not help but notice that almost every vendor had displays for EMS out front and very visible. If you know of any potential vendors, let Maureen at IPMBA HQ know about them and she will put them on the mailing list for Ogden.

As the presence of EMS continues to expand, so does the need for a louder voice at the top. So we added another EMSCI to

the Education Committee – thanks, Neil, for volunteering (ha, ha). But that does not mean that the rest of you are off the hook. I challenge each and every IPMBA EMS Cyclist to help make IPMBA the leader in networking and sharing of ideas among EMS cyclists everywhere. Remember: each of you has the potential to play an active role in this organization and to have a voice in deciding its future direction. There will be four open board positions in 2002, and contrary to popular belief, EMS representation is NOT restricted to just one member. Please consider applying when the formal notice appears in *IPMBA News*; you can only make this organization better.


Thanks again to everyone who was involved with both the pre-conference and the conference. It is you who make this the best organization it can be.

Take Care and Be Safe. – Ed

April 19, 2001

(BOSTON) -- A Boston police officer owes his life to four emergency medical technicians on duty for the Boston Marathon. Officer Daniel Drew was assigned to police Monday's race, the 26-mile classic held every year on the anniversary of the start of the American Revolution. He was sitting in a cruiser talking to his supervisor when he began having trouble breathing. Capt. Ronald Conway immediately sent out a radio call for an ambulance.

Jim Ahern and Mike Vojak, who were on bicycle duty along the Marathon route, heard the call and responded immediately, arriving at the same time as an ambulance.

The EMTs say that Drew was technically dead when they arrived, since his heart had stopped beating. But they quickly shocked him back to life and took him to Massachusetts General Hospital, where he underwent a triple bypass. 

Bicycle Medics Deliver Quicker Care at the Fair

By Mary Butler

News Tribune; Puyallup, Washington

Friday, September 15, 2000

Submitted by Patrick Donovan, EMSCI #025

Puyallup Fire Department (WA)



The perennially thick crowds at the Puyallup Fair have brought about the newest addition to the fair's internal emergency forces: bicycle medics.

Clad in bright yellow mesh shirts and black cargo shorts, Puyallup Fire Department medics are riding bikes to the rescue of sick or injured fairgoers caught in places where ambulances can't go.

The program, which the fire department tested at last year's fair, was adopted in 2000, making Puyallup's one of six bicycle medic programs statewide.

"Here at the fair, injuries are usually pretty minor, like somebody falling down and scraping a knee," said Pat Donovan, a Puyallup fire captain who oversees the program. "The bicycles allow us to get there quick and triage the situation. If somebody needs more help, then we let the other units keep coming."

For years, police departments have put officers on bikes to patrol urban areas because they can easily maneuver through crowds. The idea is the same for bicycle medic programs. The International Police Mountain Bike Association developed the training course.

Many of the fire department's emergency medical technicians and paramedics have taken the 32-hour course since Puyallup first looked into the program three years ago. The department is working to train every medic interested.

"We do a lot of slow-speed drills, weaving in between stuff," said Donovan, who is a trainer. "The handling of the bike is very important. Not only do they have to be careful not to hit anybody in their path, they've got to be careful not to hurt the bikes."

The department's two Klein bicycles – each costing about \$2000 – are equipped with 30 pounds of life-saving tools including a defibrillator, bee sting antidotes, and oxygen.

"There's probably another \$3000-\$4000 in equipment on the bikes," Donovan said.

Medics, some on bicycles, responded to about 300 incidents during last year's 17-day fair. Puyallup Fire also dispatches bicycle medics during the city's annual Meeker Days, a three-day street festival in June.

One drawback is that bikes can't transport people off the fairgrounds, Donovan said. The fire department deploys golf carts outfitted with stretchers to move patients.

The best part of the program, Donovan said, is the opportunity it affords to medics to meet people.

"We answer a lot of questions," he said. "And, for instance, if we see a child who's not wearing his bike helmet correctly or needs help changing a flat, we can help. It's a real public relations tool."

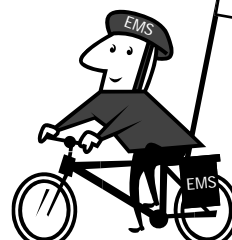


Attention: Volunteer EMS Squads

Helping Hearts program looking to defray your costs with matching grants.

The Helping Hearts program has been helping to save lives across the country since 1994. The program is designed to assist volunteer EMS squads in acquiring heart defibrillators. Through the program, Prudential is providing volunteer squads with matching grants of up to \$1,000 to help defray the cost of new defibrillators. If you belong to a volunteer agency which is a non-profit 501(c)3 or similar charitable organization where more than half the squad is composed of volunteers, please contact Robert Burghart at 800-468-8581 or direct at 602-952-5116.

IPMBA-Certified EMS Cyclists!
Just another reminder that EMS pins are now available! To order your pin, please send a check for \$5 (includes shipping and handling) to IPMBA, 28 E. Ostend St., Baltimore, MD 21230. Specify EMS Pin!



www.city.toronto.on.ca/ems/operations/bikes.htm

Implemented in the Spring of 1996, the Toronto EMS Mountain Bike Program is designed for use during the various special events that Toronto EMS serves throughout the year. The primary objective of the bike program is to provide rapid response through congested areas and to promote safe bicycle riding and injury prevention to the public. The program owns six bicycles and hopes to expand through the support of both existing corporate sponsors and new ones.

The website provides details about their uniforms, bike equipment, and medical equipment, and is an excellent resource for new EMS bike teams. IPMBA thanks Toronto EMS for allowing the use of their information in the EMS Bike Team Start-Up Information packet. To request a packet, contact IPMBA at 410-685-2220 or ipmba@aol.com.



As the number of police and EMS bike units continues to increase, many agencies have developed websites as a means of providing information to the communities they serve. *Bike Units on the Web* features one of these many websites. This is a unique opportunity for those units with websites to "show them off" as well as a source of ideas and inspiration for units without websites. It will also serve as a resource for departments with new, not-yet-formed, or already established bike units. If you would like to have your website featured in *IPMBA News*, please email your URL to ipmbambb@aol.com. *Note: Due to space limitations, it will not be possible to feature all websites submitted. The editor reserves the right to select the sites that will appear in this column.*

IPMBA Instructors Present at ASLET Conference

IPMBA is proud to report that certified IPMBA Instructors Kathleen Vonk (Ann Arbor, MI), Lou Ann Hamblin (Van Buren Township, MI), and Gary McLaughlin (Sacramento, CA) presented a workshop at the annual conference of the American Society for Law Enforcement Trainers (ASLET) in Orlando, Florida, this past February. ASLET, a non-profit police training organization, is considered to be the leader in law enforcement training organizations. It is a great honor to be asked to present at this conference, which prides itself on providing instruction of exceptional quality. The workshop, entitled *Unique and Force Issues for Mountain Bike Patrol*,

covered such issues as the importance of pre-screening and training, recent legal issues, in-service and advanced training, the content of basic, advanced, and refresher courses; bike-specific firearms training, the special needs of police cyclists, tactical concerns, deadly force encounters and police cyclist-involved shootings, and a sample course of fire. This was a great opportunity for IPMBA to gain visibility within the ASLET community and to promote the concept of bike-specific training to a group of influential individuals. We appreciate the work of Kathy, Lou Ann, and Gary. They did an outstanding job representing IPMBA!

Due to space constraints, IPMBA's feature "The Product Purchase Program" (PPP) was not placed in this issue. No additions to the PPP have been made since the last *IPMBA News*. If this is your first newsletter, and you would like to receive a copy of the PPP, please contact Keith at 410-685-2220 or ipmba@aol.com. We apologize for any inconvenience.



CRITICAL MASS

In response to a recent listserv posting requesting information on anyone's involvement with Critical Mass, Jeff Glaude of the West Hartford Police Department (CT) wrote:

In regards to Critical Mass rides. Most of ours have been small. The nice thing is that I was the president of the CT Bicycle Coalition, the organization that informally sponsored them. I developed quite a rapport with what I will call the more militant bicycle advocates. Some of these guys rant and rave at how cars are evil and bad. But by talking with them, I have been able to keep their activities more on the legal side. I think they understand when it is someone that they know and not just "a cop". There have still been problems, but it helps when the cop that stopped them for riding in traffic without lights (at night) is also a Coalition member and former bike cop; the message kind of sat with them.

I truly believe that we as bike cops should take some kind of role with our local bicycle advocacy center. We all have them. Some of you may just not know it. You can sit down and talk to [the Critical Mass leaders] on their level, and it will be easier than you think because you have something in common [with them] - bicycles and the fact that drivers don't always treat us as vehicles. I am sure you all can think of some story where a motorist tried to deliberately get you off the road.

You will also find they are the biggest supporters of police on bicycles.

Questions or comments for Jeff can be sent to JGlaude@westhartford.org

SMITH & WESSON

LAW ENFORCEMENT

BIKES



Smith & Wesson builds bikes to fit the needs of professionals. Ergonomics and comfort are designed into each bicycle.

Our bikes are designed to provide a smooth, dependable and silent ride. Three models are available. Each model includes an adjustable front fork suspension, a heavy-duty rear rack and a rear-mounted kickstand.

Each bike is built, tuned and adjusted by hand and is shipped directly to our customers ready for duty. Smith & Wesson also offers a full line of accessories (lights, bags etc...) to complete the needs of any agency.

From first time bike patrols to long established bike units, customers can choose price and features which are best suited for their needs. Ask about our exclusive lease program or visit us online at

www.sw-psdw.com.

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The locations for the 2001 series of IPMBA Instructor Certification Courses are below. The IPMBA Instructor Course is required of all current PC/EMSCIs who have not already taken the PCID, all PC/EMSCI Candidates, and all prospective instructors. Current instructors and candidates must complete the IPMBA Instructor Course by May 2002 in order to retain their certification. The Instructor Course locations are as follows:

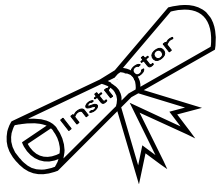
- **Orlando, Florida:** February 16-20, 2001 (20 graduates)
- **Cincinnati, Ohio:** April 28-May 2, 2001 (47 graduates)
- **Boulder, Colorado:** June 18-22, 2001
- **Minneapolis/St. Paul, Minnesota:** July 30-August 3, 2001
- **Los Angeles, California:** August 6-10, 2001
- **College Park, Maryland:** September 17-21, 2001

Please visit www.ipmba.org for print-and-mail registration forms or see page three of this issue for registration forms for the California and Maryland courses. If you would like to become an IPMBA instructor, please call 410-685-2220 or email ipmba@aol.com for information and an application.

“This school was the most demanding school I have ever attended. From 7:30am-6:00pm we rode and studied hard and we all gained a wealth of information. There is no doubt in my mind that this class will improve our instructors and make the best police mountain bike association even better.”

— Phil Redford, Wheeling PD (WV)

Congratulations to the Cincinnati Instructor Course Graduates!



Congratulations to the following individuals for completing the IPMBA Instructor Course, April 28 – May 2, at the 11th Annual IPMBA Conference in Cincinnati.

Gary Baylor, Lebanon City PD, Lebanon PA; **Alan Beadle**, Sylvania Police Division, Sylvania OH; **Daniel Brodnick**, City of Riverside PD, Riverside OH; **Jeffrey Brown**, Dayton PD, Dayton OH; **Scott Brown**, St. Louis City & Municipal Police Academy, Wellston MO; **Ron Burkitt**, Hilliard PD, Hilliard OH; **Gary Craig**, Denton PD, Denton TX; **Christopher Davala**, Maryland State Police, Princess Anne MD; **Brian Davis**, 88 SFS, WPAFB OH; **Steve Denny**, Williamson Medical Center EMS, Franklin, TN; **Paul Dillon**, Houston PD, Houston TX; **James Dymant**, Seattle PD, Seattle WA; **Donald Erb**, Lancaster City PD, Lancaster PA; **Jeff Eversoll**, W. KY Univ. PD, Bowling Green KY; **Al Friedland**, Moline PD, Moline IL; **Richard Halvorson**, Atlantic City PD, Atlantic City NJ; **Jack Hanagriff**, Houston PD, Houston, TX; **Chris Harmison**, Fairfax County PD, Annandale VA; **Michael Hawley**, Centerville PD, Centerville OH; **Brittan Heddlesten**, S. Salt Lake PD, S. Salt Lake UT; **Michael Henderson**, Miami Township PD, Milford OH; **Bernard Hogancamp**, Homewood PD, Homewood IL; **Paul Hoskins**, Denver PD, Denver CO; **David Johnson**, Oshkosh PD, Oshkosh WI; **Lyan Karger**, St. Louis City & Municipal Police Academy, Wellston MO; **Jeff Kloet**, Sheboygan PD, Sheboygan WI; **Kevin Manz**, U of Cincinnati, Cincinnati OH; **Scott McAuley**, Peoria PD, Peoria AZ; **Greg McGlinn**, Atlantic City PD, Atlantic City NJ; **Brian McKeel**, University of Cincinnati, Cincinnati OH; **Bailey Mercer**, McKinney FD, McKinney TX; **Mark Merriman**, Cynthiana PD, Cynthiana KY; **Martin Morales**, Ann Arbor PD, Ann Arbor MI; **Joseph Palamaro**, Atlantic City PD, Atlantic City NJ; **Gregory Parsons**, Leesburg PD, Leesburg VA; **Christopher Porter**, Abingdon Township, Abingdon PA; **Harvey Ryan**, Sussex County EMS, Georgetown DE; **Jeff Sexton**, Huntington PD, Huntington WV; **Ernest Stafford**, Grand Rapids Police, Grand Rapids MI; **Don Steffens**, Palatine FD, Palatine IL; **Charlie Summers**, Illinois State Univ. PD, Normal IL; **Ron Surran**, Albuquerque Aviation PD, Albuquerque NM; **James Thomas**, Moline PD, Moline IL; **Michael Trout**, Ohio Univ. PD, Athens OH; **Michael Wear**, Metropolitan Police DC, Washington DC; **Jason Young**, Huntington PD, Huntington WV; **Frank Zdankiewicz**, City of Woodhaven, Woodhaven, MI.

Want to Become an Instructor?

Want to become an IPMBA-Certified Police Cyclist or EMS Cyclist Instructor? Call 410-685-2220 to obtain an instructor application packet, specifying Police or EMS. In the simplest of terms, to become an Instructor, you must meet the criteria outlined in the packet, apply to IPMBA headquarters, then attend one of the Instructor Courses offered around the country. We'd love to have you! Good luck!



Yes, I'd like to join IPMBA. Membership is \$40.00

Name: _____

Address: _____

City, State, Zip: _____

Department: _____

Department Address: _____

City, State, Zip: _____

Daytime Phone: () _____

E-mail: _____

- My check is enclosed.
- Please charge my credit card (below)

 Exp. ___/___

MAIL TO:
IPMBA, 28 E. Ostend St.
Baltimore, MD 21230
If paying by credit card, you
can fax this form to:
410-685-2240

- Benefits of membership include:*
- ⇒ Discounts to Annual Conference
 - ⇒ The informative and essential read: the *IPMBA News*
 - ⇒ Access to the IPMBA's exclusive Product Purchase Program
 - ⇒ Membership decals: one for your bike, one for your car
 - ⇒ Knowledge that you're supporting Police on Bikes biggest advocate

Need Funding? Act Now!

Your help is needed to ensure the reauthorization of funding for the COPS office.

Funding for the COPS office is in danger of being reduced by 17 percent, from \$1.032 billion in 2001 to \$855.1 million in 2002. This reduction could have a substantial negative impact on the funding available for individual bicycle patrol units. It could also eliminate the possibility that IPMBA may be eligible for funding from a Regional Community Policing Institute. In an effort to ensure that the program remains fully funded, Senator Joseph Biden (D-Del) is planning to introduce legislation to reauthorize the COPS program. Under the Biden proposal, funds (\$6.9 billion over the next five years) would be used for programs that will place additional police officers on the streets, but they could also be used to provide financial assistance to communities so they are able to retain trained police officers. IPMBA is asking members to ask their senators to become co-sponsors of this legislation. One simple way to contact your senator is to go to the IACP website at www.theiacp.org/leg_policy, and click the Legislative Alert icon. On the next page, enter your zip code. The program will then identify your senators. The IACP has provided sample language you can use in an e-mail message to your senators. Be sure to include your name, agency, and e-mail address so that the senators can reply. Please forward a copy of your correspondence to IPMBA (ipmbambb@aol.com) so we can keep track of how many e-mails IPMBA generated. If you have any questions about the legislation, please contact the IACP legislative affairs staff at 800-THE IACP. Thank you. *(Information courtesy of IACP)*

Start a Heart

MRL offering grant program for IPMBA members.



Medical Research Laboratories, Inc (MRL) is offering a grant opportunity to a current IPMBA member who can demonstrate a unique need which the MRL Life Quest Monitor/Defibrillator/AED can meet. MRL will award one MRL LifeQuest Deluxe Monitor/Defibrillator/AED with two rechargeable batteries, battery charger, and one R&B Fabrication Pannier to an eligible IPMBA member. **Contact the IPMBA office at 410-685-2220 or ipmba@aol.com to request the grant submission guidelines (available by fax only).** Submission deadline: August 15, 2001. Notification of awards: August 30, 2001.

TRAINING ANNOUNCEMENT Heckler & Koch International Training Division is proud to present *Survival Skills for the Mountain Bike Officer*, September 10 - 14, 2001, in Sterling, Virginia. All IPMBA members receive \$50 off the normal tuition cost. The objective of this course is to develop mountain bike survival skills while engaged in a wide variety of scenarios. The course will cover: Survival mind-set, tactical pistol skills while wearing full mountain bike duty gear, immediate reaction drills, moving and multiple targets, use of cover (including paint ball drills), night operations and pistol skills, vehicle stops, obstacle negotiations, emergency dismounts to suspect contact/confrontation, tactical use of the bicycle, and active countermeasures using RedMan protective gear. **Contact Pat Rios of HK International Training Division at 703-450-1900 X 293.**

"I attended my first IPMBA Conference in Cincinnati this past May. It was a great experience. I had the opportunity to take Firearms Skills for Mountain Bike Officers, taught by Mike Chin from Heckler and Koch. I am grateful to HK for offering this class during the conference, and would recommend it again in the future." — Mike Papin, Van Buren Township Police Department (MI)

STRUT YOUR IPMBA STUFF

What: Police & EMS Mountain Bike Competition

When: September 8-9, 2001

Contact: Phil Redford (PCI #447) at 304-234-3663/p.redford@worldnet.att.net

Host Hotel: Wheeling Ramada City Center Hotel, \$72 per night; 800-862-5873

Where: Wheeling, WV

Entry Fee: \$35

City of Wheeling Website: www.wheelingcvb.com

This eagerly anticipated event promises to be a lot of fun. The two-day event begins on Saturday afternoon with a mountain bike race consisting of both on & off road conditions. Saturday evening includes a dinner in honor of Morgantown, WV, officer Frank Fidazzo, who was killed in the line of duty on his bicycle during a PC course in May of 2000. The guest speaker will be mountain bike legend Gary Fisher, owner/founder of Gary Fisher Bikes. Sunday morning features a Kids' Ride, with children invited to ride with Gary Fisher, local bike officers, and visiting police and EMS cyclists. The competition resumes after the Kids' Ride with a challenging obstacle course on the Wheeling Waterfront. Prizes will be awarded for teams and individuals in both police and EMS categories. A small vendor area and hospitality suite will be available at the host hotel. The competition entry fee includes event t-shirt, water bottle and Saturday evening dinner.

What: The 2001 Carolina Police and Fire Games Adventure Race

When: September 16, 2001, 0900

Contact: Bruce Dale at 919-467-5356/howfar2@hotmail.com

Where: Lake Crabtree Park, Cary, NC

Entry Fee: \$30.00 per team member

Website: www.cpfoa.com

The race consists of 40 miles of hiking, mountain biking, lake canoeing, navigation and mystery events. The course is comprised of paved and gravel roads and singletrack trails. Categories include solo, two-, or four-, person teams. The entry fee includes a t-shirt and a post-race awards dinner. *Congratulations to last year's winners – Baltimore MD SWAT 5 hrs 26 minutes!!!*

Wow! The IPMBA board has a lot of experience under its collective belt — 74 years on-bike and over 200 in public safety. They also have a lot in common: they love their jobs, they are crazy about bikes, and they have a tough time naming just one favorite ride. Read on to learn more about 2001-2002 IPMBA Board of Directors.

KATHLEEN VONK, ANN ARBOR POLICE DEPARTMENT

Board Position: President

Number of years in Law Enforcement: 13

Number of years on Bike Patrol: 8

IPMBA Member since: 1993

#1 Priority for IPMBA: Listening and responding to members;

Favorite Bike: Toss-up between Gary Fisher Supercal and Specialized FSR XC

Favorite Place to Ride: Tie: Pontiac Lake Recreation Area; (former NORBA circuit trail), Potawatomi Trail (Pinckney, Michigan); and Island Lake Recreation Area trail (Brighton, Michigan.)

Quote: Me, eight years ago: I didn't own even one mountain bike. I thought spandex was for nerds. I wore underwear with my first pair of cycling shorts because I didn't know any better. Today: I have about 10 bikes hanging in my garage. I wear spandex almost every day. And well...go figure!

DON HUDSON, LOS ANGELES POLICE DEPARTMENT

Board Position: Vice President

Number of years in Law Enforcement: 20 1/2

Number of years on Bike Patrol: 8 1/2

IPMBA Member since: 1994

#1 Priority for IPMBA: Membership drive and to spread the word of IPMBA to as many officers in as many countries as we can.

Favorite Bike: I love all of my bikes but my new FSR Big Hit by Specialized for downhill has to be the one...for duty and cross-country riding, anything with TREK on it ... great bikes...

Favorite Place to Ride: Any place there is a single track, and not too many people, so you can open it up a little.

Quote: Remember that bike skills are perishable: NEVER stop training.

T.J. RICHARDSON, SAN ANTONIO POLICE DEPARTMENT

Board Position: Secretary

Number of years in Law Enforcement: 22

Number of years on Bike Patrol: 9

IPMBA Member since: 1994

#1 Priority for IPMBA: Customer service for our members. Our members should be able to come to us with their questions and get speedy replies and whatever resources we can offer.

Favorite Bike: My 1992 Cannondale Hybrid (very modified). It's one bitchin' urban assault bike!

Favorite Place to Ride: Downtown San Antonio in the heat of summer! The scenery is exquisite: the hotter it gets, the less the tourists wear!

Quote: A \$2,000 bicycle doesn't make a \$2,000 rider!

MIKE GOETZ, SEATTLE POLICE DEPARTMENT

Board Position: Treasurer

Number of years in Law Enforcement: 24

Number of years on Bike Patrol: 12

IPMBA Member since: 1993

#1 Priority for IPMBA: Educating the police on bikes world.

Favorite Bike: Trek 8000

Favorite Place to Ride: Downtown Seattle.

Quote: Information is useless unless it is shared.

AL SIMPSON, POMPANO BEACH POLICE DEPARTMENT (RETIRED)

Board Position: Education Director

Number of years in Law Enforcement: 27

Number of years on Bike Patrol: 7

IPMBA Member since: 1994

#1 Priority for IPMBA: To provide the best training available to bike patrols and to serve our members better!

Favorite Bike: Cannondale Jekyl

Favorite Place to Ride: Santos Bike Trail, Belleview, Florida.

Quotes: The reasonable man adapts himself to the world; the unreasonable one persists in trying to adapt the world to himself.

Therefore all progress depends on the unreasonable man. - *George Bernard Shaw*;

If it were not for the last minute, nothing would get done! - *Robert Simpson (my dad)*

ARTIE GONZALES, TOPEKA POLICE DEPARTMENT

Board Position: Conference Coordinator

Number of years in Law Enforcement: 32

Number of years in Bike Patrol: 9

IPMBA member since: 1993

#1 priority for IPMBA: Membership growth and keeping the members we have.

Favorite Bike: Klein Quantum Race (Road bike)

Favorite Place to Ride: Any long and lonely stretch of road.

Quote: Patience is the greatest virtue.

MONTE MAY, KANSAS CITY POLICE DEPARTMENT

Board Position: Industry Liaison

Number of years in Law Enforcement: 8

Number of years on Bike Patrol: 5

IPMBA Member since: 1997

#1 Priority for IPMBA: Providing the most valuable experience possible for each member.

Favorite Bike: The Gary Fisher Sugar 1

Favorite Place to Ride: Berryman Trail, Mark Twain National Forest, Potosi, MO.

Quote: As the newest board member, I'm looking forward to meeting and working with all the members of this great organization.

ED BROWN, ORANGE COUNTY (FL) FIRE/RESCUE

Board Position: EMS Coordinator

Number of years in Law Enforcement: 19

Number of years in Fire/EMS: 27

Number of years on Bike Patrol: 8 (Police and EMS)

IPMBA Member since: 1994

#1 Priority for IPMBA: To keep it the #1 resource available for emergency services cyclists and to expand it into the future.

Favorite Bike: The one that will get me from point "A" to point "B" without failure.

Favorite Place to Ride: The next place I haven't been.

Quote: Take Care and Be Safe.

RAY RANNE, CHICAGO POLICE DEPARTMENT

Board Position: Board Member at Large

Number of years in Law Enforcement: 10

Number of years on Bike Patrol: 8

IPMBA Member since: 1995

#1 Priority for IPMBA: Improve Membership Benefits.

Favorite Bike: GT Avalanche that I built up myself.

Favorite Place to Ride: Trails/mountains around Las Vegas.

Quote: Keep the rubber side down.



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Mark your calendar

12th Annual Police on Bikes Conference

—UTAH—



Ogden, Utah. Great city, great riding. The Ogden Police Department is proud to host the 2002 IPMBA Police on Bikes Conference & Product Exhibition.

Pre-Conference: May 4 – 8, 2002

EMS Cyclist Course: 5/5 – 5/8, '02
IPMBA Instructor Course: 5/4 – 5/8, '02
Police Cyclist Course: 5/5 – 5/8, '02
Police Cyclist Advanced Course: 5/5 – 5/8, '02
Maintenance Officer Course: 5/5 – 5/8, '02

The Conference: May 9 – 11, 2002

Police on Bikes Conference: 5/9 – 5/11, '02
Product Exhibition: 5/8 – 5/10, '02
IPMBA Mountain Bike Competition: 5/11/02

Registration Materials Available Fall 2001!

— INSIDE —

Registration form for
the California and
Maryland IPMBA
Instructor Courses.



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- Member Survey Announcement
- MD & CA Instructor Course Registration Forms
- Conference Highlights
- And more . . .